

# What we know about Monkeypox

## What is Monkeypox?

Monkeypox is a viral illness that has been circulating in California and the U.S. since Spring 2022. Though current risk to the general public is low, anyone can get Monkeypox. It's good to be aware of signs and symptoms to keep you and others safe.

### Signs and Symptoms.



#### Rash

with firm bumps on face, hands, feet, body, or genitals



#### Fever or Chills



#### Headaches



#### Body aches



#### Exhaustion or fatigue



#### Swollen lymph nodes

### How does it spread?



Close physical/intimate skin-to-skin contact, including sex.



Contact with contaminated materials. (towels, bedding, clothing, etc.)



Respiratory droplets spread by close and prolonged face-to-face interaction.

*If you develop Monkeypox symptoms or come into close contact with someone infected with Monkeypox, contact your health care provider right away.*

### Ways to prevent monkeypox.



Avoid close physical contact with people who have symptoms, including sores or rashes.



Talk to your sexual partner/s about any recent illness and be aware of new or unexplained sores or rashes.



The Jynneos Monkeypox vaccine is available to individuals that are at high risk of contracting Monkeypox.

UCSF Fresno Mobile Heal

# DRIVE-THRU

  
Monkeypox Vaccines

For more information,  
[www.fresno.ucsf.edu/MobileHeal](http://www.fresno.ucsf.edu/MobileHeal)

# Monday- Friday 9am - 5pm

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