

COUNSELING
SUPPORT GROUPS
HOUSING & SHELTER
MENTAL HEALTH
CHILDCARE
PARENTING



Provider Resource Guide

2007

For Families & Children

TABLE OF CONTENTS

CHILDCARE.....	3
CHILDREN'S SERVICES	4
COUNSELING	6
DISABLED & CHALLENGED.....	9
DOMESTIC VIOLENCE	12
DRUG & ALCOHOL	13
EMPLOYMENT HELP.....	19
FOOD, CLOTHING, ETC	22
HOUSING & SHELTER.....	27
MENTAL HEALTH	31
PARENTING	35
SUPPORT GROUPS	37
OTHER	40
INDEX	41

EMERGENCY NUMBERS

Fresno Police Dept.: 498-1414
Fresno Sheriff's Dept.: 488-3111
CPS: 255-8320
Adult Protective Svcs.: 255-3383
Poison Control: 1-800-876-4766

Get Connected! Get Answers!

One phone call to get the answers. Just dial 1-866-559-4211 from anywhere in Fresno County and we will quickly connect you to helpful resources in our community for health care, support and counseling. The Central Valley Call Center at United Way of Fresno County is free and confidential. Our trained specialists can help you in both English and Spanish.

1-866-559-4211

It's the number to call when you don't know who to call...

CHILDCARE

CENTRAL VALLEY CHILDREN'S SERVICE NETWORK

456-1100
1-800-330-9276 (Warmline),
456-8381 (fax)
1911 N. Helm
Fresno, CA 93727-1609
Hours: 24 hours, 7 days a week;
M-F, 8 a.m.-5 p.m.(office)
Target Group: Families
Other Languages: Hmong,
Spanish, Mandarin, Taiwanese
E-mail: warmline@hotmail.com
Website: www.cvcsn.org

Parenting crisis line offers support and encouragement. Provides anger management classes to parents, workshops to schools and businesses, and support groups for teens, women and parents. Parent education and support services for parents who have concerns about their parenting skills.

CHILD DEVELOPMENT CENTERS

Fresno Unified School District
457-3681, 457-3622 (fax)
2348 Mariposa
Fresno, CA 93721-2287
Hours: M-F, 7 a.m.-6 p.m.
Target Group: Children 2 years old to third grade
Other Languages: Spanish

Child care for low-income parents who attend school, vocational training or are working.

FRESNO LEADS

256-0950, 456-1100
Advocacy and training for child-care providers

PACE PROGRAM

Fresno Unified School District
457-3680, 457-3940 (fax)
2309 Tulare Street
Fresno, CA 93721-2287
Hours: M-F, 8 a.m.-5 p.m.
Target Group: Pregnant and parenting teens
Other Languages: Spanish

Child care and parenting education for teen parents who attend Fresno Unified School District schools. Located at Cambridge, DeWolf, Duncan, Edison, Fresno, and Roosevelt High Schools.

SUPPORTIVE SERVICES, INC.

230-2030
2455 W. Shaw, Suite 102
Fresno, CA 93711
Hours: M-F, 8:30 a.m.-5 p.m.
Target Group: Low income families in need of childcare.

Subsidized childcare, call to complete application.

CHILDREN'S SERVICES

BIG BROTHERS/BIG SISTERS OF FRESNO, KINGS AND MADERA COUNTIES

268-2447, 268-5438 (TDD/TTY),
268-1006 (fax)

905 N. Fulton Street
Fresno, CA 93728-3411
P.O. Box 4409

Fresno, CA 93744-4409

Hours: M-F, 8:30 a.m.-5 p.m.

Other Languages: Spanish,
Hmong

Email: info@bigs.org

Website: www.bigs.org

Professionally screened, trained and supervised volunteers to act as individual role models and special friends to at-risk children ages 6-13 in single parent homes. Mentoring program, independent living skills, counseling, and tutoring.

BOYS AND GIRLS CLUBS OF FRESNO COUNTY

266-3117, 266-0664 (fax)

540 N. Augusta Street

Fresno, CA 93701-6038

Hours: M-F, 8:30 a.m.-5:00 p.m.
(office)

Cedar & Butler 266-7605

Tulare & Mayor 237-0959

Pinedale 439-6053

Clovis 294-9460

(Call for other sites)

Target Group: Children & youth
(6-18)

Other Languages: Spanish

Website: www.bgclubfc.org

Email: kqeybzer@byclubfc.org

After school youth development

programs: character and leadership development, education and career development, health, life skills, arts, sports, fitness, and recreation.

CHILD PROTECTIVE SERVICES

Fresno County Human Services
System

255-8320 (24-hour Careline),

453-5172 (fax)

1404 L Street

Fresno, CA 93721-1280

Hours: 24 hours, 7 days a week;

M-F, 8 a.m.-5 p.m. (office)

Other Languages: Hmong, Lao,
Spanish, Vietnamese

Website:

www.fresnohumanservices.com

Responds to reports regarding any child who is being neglected, abused or exploited.

FRESNO BARRIOS UNIDOS

453-9662, 453-9548 (fax)

4403 E. Tulare Street

Fresno, CA 93702-3039

Hours: M-F, 9:30 a.m.-5 p.m.

Other Languages: Spanish

Email: fresnobarrios@aol.com

Offers a variety of programs designed to keep youth out of gangs and to promote peace and production activities. Includes recreational and educational activities, counseling, information and referral, multicultural perspective, individual support, cultural presentations, and conflict resolution.

CHILDREN'S SERVICES

MATERNAL CHILD ADOLESCENT HEALTH (MCAH)

Babies First

445-3307

1-800-640-0333

Fax: 445-3560

1221 Fulton Mall, 5th Floor

Fresno, CA 93721

Provides one to one parent training with babies.

NATIONAL RUNAWAY SWITCHBOARD

1-800-786-2929

1-800-621-0394 (TDD/TTY)

3080 N. Lincoln Avenue

Chicago, IL 60657-4208

Hours: 24 hours, 7 days a week

Email: info@nrscrisisline.org

Website: www.nrscrisisline.org

Toll-free 24-hour number for runaways. Relays messages from runaways to families. Free bus rides home to qualified runaways.

COUNSELING (See also: Mental Health)

ALL ABOUT CARE

222-9471, 226-5100 (fax)
4974 N. Fresno Street, PMB 156
Fresno, CA 93726-0137
Hours: M-Th, 9 a.m.-5 p.m.;
F, 9 a.m.-12 p.m.
Target Group: People infected with
and affected by HIV/AIDS
Email: fresnoaac@aol.com

Sponsors support groups for
women with HIV/AIDS, children of
parents with HIV/AIDS, and moth-
ers of those lost to or living with
HIV/AIDS. Special support to care-
givers through the dying process.
Camp Care for families infected
with or affected by HIV/AIDS.

CENTRO LA FAMILIA

Child Abuse Prevention Program
(CAPP)
237-2961, 237-8307 (fax)
2014 Tulare Street, Suite 711
Fresno, CA 93721-2011
Hours: M-F, 8:30 a.m.-4 p.m.
(8:30 a.m.-12:00 p.m. last Friday
of every month)
Target Group: Low-income fami-
lies
Other Languages: Spanish
Email: centrocapp@earthlink.net

Counseling, parenting and anger
management classes, and home
visitation and community educa-
tion services to assist in the pre-
vention of child abuse/neglect.

COMPREHENSIVE YOUTH SERVICES, INC.

229-3561, 229-3681 (fax)
3795 E. Shields Avenue
Fresno, CA 93726-7029
Hours: M-F, 8 a.m.-6 p.m.;
Evenings & Sat, by appointment
Target Group: Fresno County resi-
dents
Other Languages: Spanish
Email: cys4fams@lightspeed.net

Treatment services for child victims
of sexual assault and for youth
and children who have molested
other children and have advanced
sexual knowledge. Individual and
family counseling. Parenting
classes. Anger management
classes for adults and adolescents.
Supervised visits. Successful sin-
gle parenting. Public education
on child abuse prevention.

COUNSELING (See also: Mental Health)

FAMILY COMMUNICATION CENTER

431-0500, 431-0580 (fax)
2560 W. Shaw Avenue, Suite 101
Fresno, CA 93711
Hours: M-F, 8 a.m.-5 p.m.
Target Group: Adults who wish to
be foster parents
Website:
www.FamilyCommCenter.org

Recruits foster parents, provides
training, counseling, and guidance
to assure a successful foster family
experience. Marriage, individual
and child counseling. Sliding
scale fee.

FRESNO FAMILY COUNSELING CENTER

497-8929, 497-0536 (fax)
1580 N. Millbrook Avenue
Fresno, CA 93703-4149
Hours: M-Th, 3 p.m.-8 p.m.
Target Group: FUSD referrals,
general public
Other Languages: Spanish
Website: beaches.soehd.csufres-
no/soehd/cds/ffcc/ffcc.htm

Low cost and sliding fee counsel-
ing services for families, couples,
parent/child, and individuals.
Parenting and anger management
groups.

LINK CARE COUNSELING CENTER

439-2647, 439-4712 (fax)
1734 W. Shaw Avenue
Fresno, CA 93711-3478
Hours: M-F, 8 a.m.-4 p.m.
Target Group: Anyone
Other Languages: French, Spanish
Website: www.linkcare.org

Individual, marital, family, group,
and premarital counseling.
Pastoral care services, psychologi-
cal testing, restoration and per-
sonal growth program for mission-
aries and pastors. Sliding scale
fee.

MARJAREE MASON CENTER

237-4706
Domestic Violence Counseling
(See under: Housing/Shelter,
p. 12)

COUNSELING *(See also: Mental Health)*

NORTHWEST FAMILY CENTER

225-3222, 225-3305 (fax)
600 W. Shaw Avenue, Suite 120
Fresno, CA 93704
Hours: 24 hours, 7 days a week

Individual and family counseling services. Survivors' issues, incestuous family systems, individual and group counseling, marital-before, during, after, domestic violence, adolescent eating disorder, grief loss, anger management, elderly abuse, and depression. Sliding scale fee.

UNITED COUNSELING CENTER

230-1718, 222-0697 (fax)
2491 W. Shaw Avenue, Suite 110
Fresno, CA 93711-3306
Hours: M-F, 9 a.m.-7 p.m.
Target Group: Adolescents and adults

Individual and group therapy.
Sliding scale fee.

DISABLED AND CHALLENGED

ASSESSMENT CENTER FOR CHILDREN

225-1102, 229-2956 (fax)
4440 N. First Street
Fresno, CA 93726
Hours: 8:30 a.m.-5:00 p.m.
Languages: Hmong, Spanish
Target Group: Children age 0-5

Assess children in learning development and/or behavior.

AUTISM SOCIETY OF AMERICA

Central California Chapter
227-8991, 846-9227 (fax)
P.O. Box 13213
Fresno, CA 93794-3213
Hours: Meets 2nd Tuesday,
7 p.m.-9 p.m. (Central Valley
Regional Center)
4615 N. Marty Ave.
Target Group: Families of autistic
children and adults
Website: www.asaccc.org

Mutual support group for parents of autistic children and adults. Provides enrichment activities, information and referral and community education

BREAK THE BARRIERS

432-6292, 432-5995 (fax)
855 N. Cedar Avenue
Fresno, CA 93720
Hours: M, T & Th, 10 a.m.-8 p.m.;
W, 10 a.m.-7 p.m.; F, 4 p.m.-7
p.m.; Sat, 9 a.m.-12 p.m.
Target Group: 3 years old and
older, able or disabled
Other Languages: Sign
Email: btb4all@cell2000.net

Website:
www.breakthebarriers.org

Dance, martial arts and gymnastics for anyone. A sports-arts center for the able and disabled.

CALIFORNIA CHILDREN SERVICES

445-3300 (administration),
253-6531 (medical therapy),
445-3253 (fax)
1221 Fulton Mall
Fresno, CA 93721-1946
Hours: M-F, 8 a.m.-5 p.m.
Target Group: Disabled children
and youth (0-21)
Other Languages: Hmong,
Spanish

Medical services for chronically disabled children.

CALIFORNIA-HAWAII ELKS MAJOR PROJECT, INC.

255-4531, 456-2659 (fax)
5450 E. Lamona Avenue
Fresno, CA 93727-2224
Hours: M-F, 8 a.m.-4:30 p.m.
Target Group: Children and youth
(0-18) in California and Hawaii
Email: chea.@chea-elks.org
Website: www.chea-elks.org

Physical therapy and occupational therapy services to disabled children and youth from birth to 18. Preschool vision screening for 2½ to 5 year olds. Speech and language therapy. Services available depend on location.

DISABLED AND CHALLENGED

CENTRAL VALLEY REGIONAL CENTER

276-4300, 276-4360 (fax)
4615 N. Marty Ave.
Fresno, CA 93722-4186
Hours: M-F, 8 a.m.-5 p.m.
Other Languages: Cambodian,
Hmong, Lao, Sign, Spanish
Website: www.cvrc.org

Evaluation, assessment, information and referral, and coordination of services to developmentally disabled. Advocacy for the rights of the disabled.

DEAF AND HARD OF HEARING SERVICE CENTER, INC.

225-3323, 225-0415 (TDD/TTY)
225-0116 (fax)
5340 N. Fresno Street
Fresno, CA 93710-7504
Hours: M-F, 8:30 a.m.-5 p.m.
(Closed for lunch 12-1)
Target Group: Deaf and hard of hearing
Other Languages: Sign
Email: dhpsc@psnw.com

Services for deaf or hard of hearing individuals. Bookstore and items to assist the hard of hearing open M-F, 8:30 a.m.-12 p.m. Offers peer counseling, drug and alcohol prevention program, independent living skills, interpreting services, communication and employment assistance and advocacy.

EXCEPTIONAL PARENTS UNLIMITED

229-2000
(See under "Mental Health", p. 32)

FERGER THOMAS FRIENDSHIP CLUB

233-6211
233-6991 (fax)
630 N. Ferger Avenue
Fresno, CA 93728-3899
Hours: M-W, 8:30 a.m.-1:30 p.m.
Target Group: Chronically mentally ill
Other Languages: Filipino, Spanish

Social activities for the chronically mentally disabled.

FRESNO COUNTY SPECIAL OLYMPICS

497-3790, 497-3794 (fax)
111 Van Ness Avenue, Suite 119
Fresno, CA 93721
Target Group: Persons with disabilities

Provides athletic training and competition for athletes with mental disabilities.

DISABLED AND CHALLENGED

FRIENDSHIP CENTER FOR THE BLIND, INC.

222-4447, 222-4844 (fax)
1060 Fulton Mall, Suite 315
Fresno, CA 93726-2509
Hours: M-F, 8 a.m.-4:30 p.m.
Target Group: Blind
Other Languages: Spanish

Services, activities, support groups, individual counseling, and information for the blind and visually impaired. Social workers see clients in their homes.

GOODWILL INDUSTRIES

274-1512, 274-1483 (fax)
3702 W. Shaw Avenue
Fresno, CA 93722
Hours: M-Sat, 9 a.m.-5:00 p.m.
Target Group: Low-income, disabled
Other Languages: Spanish
Website: www.goodwill-sjv.org

New and used clothing and household goods for all ages at reasonable prices. Trains persons to work in Goodwill Industries. Prepares people with disabilities and other needs for jobs in high demand fields such as clerical, computer data entry, call centers, and retail sales.

THERAPEUTIC RECREATION PROGRAM

Fresno City Parks,
Recreation and Community
Services Department
621-2900, 498-5535 (fax)
2326 Fresno Street, Room 101
Fresno, CA 93721
Hours: Vary by program.
Target Group: Teen, young adults and adults that are developmentally delayed and physically challenged in addition to persons rehabilitating from a stroke and brain injury.
Website: www.fresno.gov

Adaptive recreation activities are offered at no cost, with the exception of special events. Socialization is the key element in all programs.

UNITED CEREBRAL PALSY OF CENTRAL CALIFORNIA, INC.

221-8272, 221-9347 (fax)
4224 N. Cedar Avenue
Fresno, CA 93726-5601
Hours: M-F, 8 a.m.-5 p.m.
Target Group: Developmentally disabled
Other Languages: Sign, Spanish
Email: linda@ccucp.org
Website: www.ccucp.org

General information about and service for developmental disabilities. Adult day programs, early intervention, and advocacy. Provides after school or after day program care for disabled adults for working parents. Provides care on Saturday.

DOMESTIC VIOLENCE

MARJAREE MASON CENTER

233-4357 (hotline),
237-4706 (office), 237-0420 (fax)
1600 M Street
Fresno, CA 93721-1178
Hours: 24 hours, 7 days a week
Other Languages: Spanish
Website: www.mmcenter.org

Emergency Shelter and counseling for women and their children who are victims of family violence. 24 hour crisis hotline.

HOTLINES, SHELTER, CRISIS SERVICES

- National Domestic Violence Hotline: 1-800-799-7233
Referrals to local DV services nation-wide; crisis intervention in multiple languages
- Mom and Kids Hotline (Fresno County) 1-800-640-0333
- Madera County Community Action Agency 1-800-355-8989
- Safe at Home 1-877-322-5227
Confidential Address Program

RESTRAINING ORDERS AND LEGAL SERVICES

- Central California Legal Services
559-441-1611
- Family Law Facilitator's Office
559-497-6500

VICTIM/WITNESS ASSISTANCE PROGRAM

488-3425, 488-3826 (fax)
2220 Tulare Street, Suite 1126
Fresno, CA 93721-1209
Hours: M-F, 8 a.m.-5 p.m.
Closed for lunch 12-1:00 p.m.
Target Group: Fresno County residents
Other Languages: Spanish
Website:
www.fresno.ca.gov/3430/index.html

Provides direct services to victims and witnesses of crime. Victims receive support, crisis intervention, emergency food, shelter, referrals, and aid in filing for reimbursements of expenses/losses as a result of injury during a crime. Witnesses receive a safe waiting area, notice of hearings, court support and accompaniment, and an explanation of the justice system.

RAPE COUNSELING SERVICE

222-7273 (see under "Mental Health", p. 34)

DRUGS AND ALCOHOL: CHILDREN & FAMILIES

PACT

453-6616
Drug & Alcohol assessment & referral
4411 E. Kings Canyon
Fresno, CA 93702

AL-ANON FAMILY GROUPS, INC.

237-5433 (office), 265-3560
(information recording)
922 N. Van Ness Avenue
Fresno, CA 93728-3428
Hours: 24 hours, 7 days a week
Target Group: Friends and family of alcoholics
Other Languages: Spanish
Website: www.al-anon.org

Helps friends, spouses and other relatives in understanding the problem of alcoholism as it affects them.

ALATEEN

237-5433 (office), 265-3560 (information recording)
922 N. Van Ness Avenue
Fresno, CA 93728-3469
Hours: 24 hours, 7 days a week
Target Group: Teens in families with problem drinkers
Other Languages: Spanish

Assists children of families with problem drinkers to understanding the problem of alcoholism as it affects them. Self-help groups for children living in families with alcoholics

ALCOHOLICS ANONYMOUS-FOR ADULTS & KIDS

221-6907 (English), 266-3560
(Spanish), 224-8853 (fax)
2812 N. Blackstone Avenue
Fresno, CA 93703-1002
Hours: 24 hr. Hotline
Target Group: Alcoholics
Email: fresnoaa@psnw.com
Website: www.fresnoaa.org

Self-help alcoholism recovery program utilizing the 12-step approach.

FRESNO NEW CONNECTIONS

248-1548, 248-1530 (fax)
4411 N. Cedar Avenue, Suite 108
Fresno, CA 93726-2538
Hours: M-F, 8 a.m.-5 p.m.
Target Group: Adolescents and adults
Other Languages: Spanish
Email: adacaod@aol.com

Information, assessment, evaluation, referral, and counseling for alcohol and other drug addiction problems. Drug testing and non-residential treatment also offered.

DRUGS AND ALCOHOL: CHILDREN & FAMILIES

NAR-ANON FAMILY GROUP

275-1692 (hotline)
Hours: 24 hour information message machine
Target Group: Family members and friend of addicts
Other Languages: Spanish

Weekly support meetings about living life with an addict.

NEW LIFE FOR GIRLS

486-2515
207 N. Broadway Street
Fresno, CA 93701-1509
P.O. Box 12776
Fresno, CA 93779-2776
Hours: 24 hours, 7 days a week
Target Group: Substance abusing females (18+)
Other Languages: Spanish
Email: newlifeForGirls@juno.com

Alcoholism/drug abuse recovery program for women. In-house rehabilitation treatment through word of God.

WOMEN TO WOMEN

Westcare
265-4800, 265-4823 (fax)
2772 S. Martin Luther King Blvd.
Fresno, CA 93706
Hours: M-F, 8 a.m.-5 p.m.
Target Group: Women with young children (6 and under)
Other Languages: Spanish
Website: www.westcare.com

Substance abuse, HIV and parenting education. One on one counseling and support groups.

DRUGS AND ALCOHOL: ADULTS

PACT

453-6616
Drug & Alcohol assessment & referral
4411 E. Kings Canyon
Fresno, CA 93702

B.A.A.R.T.

266-9581, 498-0507 (fax)
539 N. Van Ness Avenue
Fresno, CA 93728-3419
Hours: M-W & F, 6 a.m.-11 a.m. & 12 p.m.-2 p.m.; Th, 6 a.m.-12:30 p.m.; Sat & Sun, 6 a.m.-10 a.m.
Target Group: Alcohol and drug addicted adults
Other Languages: Hmong, Lao, Spanish

Outpatient methadone maintenance, HIV testing and counseling, opiate detoxification, primary medical care, counseling, pregnancy services and anti-abuse treatment.

COMPREHENSIVE ALCOHOL PROGRAM, INC.

264-5096, 485-6364 (detox), 264-1258 (fax)
2445 W. Whitesbridge Road
Fresno, CA 93706-1292
Hours: 24 hours, 7 days a week
Target Group: Adults (18+)
Other Languages: Spanish
Email: CAPReHab@aol.com

DETOX SERVICES

Open-ended recovery program for men and women suffering from alcoholism and/or drug addiction. 30 or 90 day inpatient programs. Six month perinatal program.

DRIVING ABUSE TREATMENT & EDUCATION (DATE)

Fresno County Hispanic Commission
On Alcohol And Drug Abuse Services, Inc.
268-6475, 268-6967 (fax)
1444 Fulton Street
Fresno, CA 93721-1610
Hours: M-F, 9 a.m.-8:30 p.m.; Sat, 8 a.m.-5 p.m.
Target Group: DWI clients
Other Languages: Spanish
Email: fchc99@aol.com

Alcohol/drug education and individual/group counseling for individuals arrested for driving under the influence.

DRUGS AND ALCOHOL: ADULTS

GLORYBOUND MINISTRIES

266-8812, 266-0711 (fax)
916 Waterman Street
Fresno, CA 93706-3762
Other Languages: Spanish

Provides counseling and a listening ear to youth who have issues with gangs or substance abuse. Provides group counseling to anyone to gain motivation to stay clean.

HIGHWAYS AND HEDGES

Cross Training Ministries
251-2080, 251-2081 (fax)
4781 E. Belmont Avenue
Fresno, CA 93702-2649
P.O. Box 15305
Fresno, CA 93702-5305
Hours: M-F, 9 a.m.-4:00 p.m.
Target Group: Alcohol & substance abusers, codependency enablers

Residential and outpatient
Christian life-style training

KINGS VIEW ALCOHOL AND DRUG SERVICES

277-9880, 277-8998 (fax)
4111 N. Golden State Blvd.
Fresno, CA 93722-6325
Hours: M-F, 8:30 a.m.-6:30 p.m. (office)
Target Group: Chemically dependent
Other Languages: Spanish

Group counseling for adolescents and adults who are chemically dependent. Services for chemical and alcohol dependency for adults and seniors.

MAROA HOME POTTERS WHEEL

441-1543, 441-1545,
441-1547 (fax)
1509 N. Maroa Avenue
Fresno, CA 93728-1815
Hours: M-F, 8 a.m.-5 p.m.
Target Group: Substance abusers
Email: potterswhl@aol.com

Christian residential facility for men and women recovering from substance abuse or other compulsive behavior. Also offers an outpatient program. Recovery related Christian family worship services on Thursday, 7 p.m. & Sunday, 10 a.m. at 826 Palm Avenue, Potter's Wheel.

DRUGS AND ALCOHOL: ADULTS

MEN'S RESIDENTIAL RECOVERY HOME

King Of Kings
266-6449, 266-1532 (fax)
2267 S. Geneva Avenue
Fresno, CA 93706-4326
Hours: 24 hours, 7 days a week
Target Group: Anyone

Alcoholism and substance abuse education, treatment; residential and outpatient programs for men and women.

NARCOTICS ANONYMOUS

255-5881
P.O. Box 27768
Fresno, CA 93729-7768
Hours: 24 hours, 7 days a week
Target Group: Anyone with a drug abuse problem
Other Languages: Spanish

Self-help program for people who have or have had a problem with drugs.

NUESTRA CASA RECOVERY HOME

485-0501, 485-1313 (fax)
1414 W. Kearney Blvd.
Fresno, CA 93706-2702
Hours: 24 hours, 7 days a week
Target Group: Adult Latino males
Other Languages: Spanish

Residential care for substance abuse recovery.

SALVATION ARMY A.R.C.

490-7020, 490-7057 (fax)
811 S. Parallel Avenue
Fresno, CA 93721-2493
Hours: 24 hours, 7 days a week
Target Group: Alcoholics, addicts, homeless, probationers
Other Languages: Spanish
Website: www.fresnoarc.org

6-month residential alcoholism treatment program.

DRUGS AND ALCOHOL: ADULTS

TURNING POINT OF CENTRAL CALIFORNIA, INC.

233-2663, 237-2882 (fax)
1638 L Street
Fresno, CA 93721
Hours: M-F, 9 a.m.-5 p.m.

Treatment programs include a 52-week Domestic Violence certified program for Parole and Probation clients. We also operate a PC1000 program, a combined chemical dependency/domestic violence group, and a 15-week parenting skills group for parents involved in family violence.

TURTLE LODGE ALCOHOL RECOVERY HOME

Sierra Tribal Consortium
445-2691, 1-888-567-6237,
445-3125 (fax)
610 W. McKinley Avenue
Fresno, CA 93728-1460
Hours: 24 hours, 7 days a week
Target Group: Native American men
Other Languages: Some Native American dialects

Drug and alcohol recovery program (residential) for Native American men. Outpatient counseling for Native American men and women.

WESTCARE

265-4800, 265-4823 (fax)
2772 S. Martin Luther King Blvd.
Fresno, CA 93706
Hours: 24 hours, 7 days a week
Target Group: Adults
Other Languages: Spanish
Website: www.westcare.com

Residential and outpatient chemical dependency recovery program.

EMPLOYMENT HELP

CALIFORNIA STATE DEPARTMENT OF FAIR EMPLOYMENT & HOUSING

1-800-884-1684 (employment),
244-4819, 1-800-233-3212 (housing), 244-2956 (fax)
1320 E. Shaw Avenue, Suite 150
Fresno, CA 93710-7915
Hours: M-F, 8 a.m.-4:30 p.m.
Target Group: Residents of Fresno County
Other Languages: Spanish

Investigates complaints of discrimination in employment, housing, public accommodations, or services.

CALIFORNIA STATE DEPARTMENT OF REHABILITATION

445-6011, 445-6528 (fax)
2550 Mariposa Street, Room 2000
Fresno, CA 93721-2270
244-4930, 230-3196 (fax)
1625 E. Shaw Avenue, Suite 146
Fresno, CA 93710-8100
Hours: M-F, 8 a.m.-5 p.m.
Target Group: Persons with disabilities
Other Languages: Sign, Spanish, Hmong
Website: www.rehab.ca.gov

Vocational rehabilitation, assessment, counseling, and job placement for disabled individuals who meet eligibility criteria.

CALIFORNIA STATE EMPLOYMENT DEVELOPMENT DEPARTMENT

230-4146, 230-4047 (fax)
One-Stop Manchester Mall
3302 N. Blackstone Avenue
Suite 155
Fresno, CA 93726
445-5248, 445-6747,
445-5850 (fax)
2555 S. Elm Avenue
Fresno, CA 93706-5086
Hours: M-F, 8 a.m.-5 p.m.
Target Group: People seeking work
Other Languages: Spanish
Website: www.caljobs.ca.gov

Employment counseling, placement and referral, and career development center.

CALWORKS

Fresno County Department of Employment and Temporary Assistance (E&TA)
453-4357, 453-3782 (fax)
4455 E. Kings Canyon Road
Fresno, CA 93702-3794
Hours: M-F, 8 a.m.-5 p.m.
Target Group: Needy families/individuals.
Other Languages: Any language.
Website: www.fresnohumanservices.org

The focus is on providing temporary and supportive services to individuals and families in need, while assisting them to achieve financial self-reliance.

EMPLOYMENT HELP

FRESNO COUNTY WORKFORCE CONNECTION INVESTMENT

266-3742, 490-7199 (fax)
3302 N. Blackstone Avenue
Suite 221
Fresno, CA 93721-2004
Hours: M-F, 8 a.m.-5 p.m.
Target Group: Economically disadvantaged, disabled, on parole or probation, seniors (55+), displaced workers
Other Languages: Spanish
Website: www.jobsfresno.com

Employment and training programs for economically disadvantaged youth and adults, dislocated workers and others facing serious barriers to employment.

FRESNO CAREER DEVELOPMENT INSTITUTE, INC.

498-7155, 498-7162 (fax)
1999 Tuolumne Avenue, Suite 200
Fresno, CA 93721-1638
Hours: M-F, 8 a.m.-5 p.m.
Target Group: Youth (14-21)
Other Languages: Spanish

Works with dropouts to get them back in school and provides support to help them get their diplomas. Offers job counseling, job training, job placement, and job referral services.

JOB CORPS

Department of Labor
233-3868, 233-9536 (fax)
1900 Mariposa Mall, Suite 306
Fresno, CA 93721-2525
Hours: M-F, 8 a.m.-4:30 p.m.
Target Group: Low income youth (16-24)
Other Languages: Spanish
Website: www.jobcorps.org

Training for persons 16-24 years old.

PROTEUS, INC.

442-8871, 499-6358 (fax)
1805 Van Ness Avenue
Fresno, CA 93721-1132
Hours: M-F, 8 a.m.-5 p.m.
Target Group: Unemployed and underemployed
Other Languages: Spanish
Website: www.proteusinc.org

Job placement, referral and training.

SER, JOBS FOR PROGRESS, INC.

452-0881, 452-8038 (fax)
407 S. Clovis Avenue, Suite 109
Fresno, CA 93727-4284
Hours: M-F, 8 a.m.-5 p.m.
Target Group: Low income farmworkers
Other Languages: Spanish

Assist with GED preparation and completion. Offers ESL classes, basic computer literacy classes. Provides job placement and job training services.

EMPLOYMENT HELP

WORKFORCE CONNECTION

230-8029, 230-4022 (fax)
3302 N. Blackstone Avenue
Suite 155
Fresno, CA 93726
Hours: M,T,Th & F, 8 a.m.-5 p.m.
W, 9 a.m.-5 p.m.,
Target Group: Adult job seekers.
Other Languages: Hmong, Spanish
Website:
www.workforceconnection.org

Provides career counseling, job readiness training, job training, vocational/classroom training, skillsupgrade and retraining, job placement and referrals, and supportive services. Offers employee recruitment assistance, professional customer service, training subsidies, on the job training programs, follow-up placement services, business tax credits and saving, applicant screening, wage and labor market information, multi-agency specialized staff, customized assessment, and closure and downsizing assistance.

YOUTH COLLABORATIVE

Fresno County Economic Opportunities Commission
263-1175, 263-1187 (fax)
1900 Mariposa Mall, Suite 303
Fresno, CA 93721-2525
Target Group: Economically disadvantaged youth (14-21) who reside within FUSD
Website: www.fresnoeoc.org

Provides job readiness, basic academic skills training and support services for economically disadvantaged 14-21 year olds who are within the Fresno Unified School District boundaries. Offers 80 paid hours of work experience.

FOOD, CLOTHING, ETC.

TO REFER A FAMILY FOR FOOD
THE FIRST PLACE TO START IS:

COMMUNITY FOOD BANK, INC.

237-3663, 237-2527 (fax)
210 N. Thorne Avenue
Fresno, CA 93706-1496
Hours: M-F, 8 a.m.-4:00 p.m.
Other Languages: Hmong, Spanish
Email: agencyrelations@communityfoodbank.net

Family can call and give their zip code and be referred to the organization, food pantry or church that is nearest to them. **No referral needed for food.** Family should call and not go there directly because the Food Bank is a collection point only. They distribute food to various sites. Once the family is referred to a particular distribution site, they will need ID, sometimes proof of residence and many sites limit the number of times per year a family can get assistance.

ASSISTANCE LEAGUE OF FRESNO

488-6576
2037 W. Bullard Avenue, PMB 306
Fresno, CA 93711-1200
Hours: T & W, 3 p.m.-6 p.m.;
Sat, 9 a.m.-12 p.m.
Target Group: K-6 grade students in Fresno Unified
Other Languages: Spanish

Operation School Bell provides clothing for children in Fresno Unified School District by referral from school nurses, principals or teachers.

CATHOLIC SOCIAL SERVICE

Catholic Charities
237-0851, 237-7050 (fax)
149 N. Fulton Street
Fresno, CA 93701-1607
Hours: M-F, 9 a.m.-5 p.m. (winter); M-F, 8 a.m.-4 p.m. (summer)
Target Group: Anyone in need
Other Languages: Hmong, Lao, Spanish, Thai, Vietnamese
Website: www.ccdof.org

General assistance, information and referral for families with limited resources who are referred by other agencies or social workers. Information and referral for families seeking shelter.

CLOVIS SALVATION ARMY FAMILY SERVICE CENTER

298-6797, 298-6799 (fax)
210 E. Barstow Avenue
Clovis, CA 93612-2290
P.O. Box 929
Clovis, CA 93612-0929
Hours: M, W & Th, 9 a.m.-12 p.m.
Target Group: Anyone in material need
Other Languages: Hmong

Emergency services by referral such as food, utilities, clothing, and counseling for qualified low-income families.

FOOD, CLOTHING, ETC.

COMMUNITY SERVICES

Fresno County Economic Opportunities Commission
263-1135, 263-1528 (fax)
1900 Mariposa Mall, Suite 111
Fresno, CA 93721-2525
Hours: M-F, 8:30 a.m.-5 p.m.
Target Group: Low-income families
Other Languages: Spanish
Website: www.fresnoeoc.org

Information and referral and PG&E assistance for low income individuals.

FAMILY SERVICE CENTER

Salvation Army
233-0138, 497-6616 (fax)
1752 Fulton Street
Fresno, CA 93721-1623
Hours: M-F, 9 a.m.-12 p.m. & 1 p.m.-3 p.m.
Target Group: Any residents of the city of Fresno
Other Languages: Spanish

Emergency services such as food, utilities, and referrals

FOOD STAMPS

Fresno County Department of Employment and Temporary Assistance (E&TA)
453-4357, 453-3782 (fax)
4455 E. Kings Canyon Road
Fresno, CA 93702-3794
Hours: M-F, 8 a.m.-5 p.m.
Target Group: Needy families/individuals.
Other Languages: Any language
Website: www.fresnohumanservices.org

FRANCIS X. SINGLETON EMERGENCY FOOD ASSISTANCE

Catholic Charities
237-0851, 264-0655 (fax)
149 N. Fulton Street
Fresno, CA 93701-1607
Hours: M-F, 8 a.m.-12 p.m. & 1 p.m.-4 p.m.
Target Group: Anyone in need
Other Languages: Hmong, Lao, Spanish, Thai, Vietnamese
Website: www.ccdof.org

Emergency food supplies for those in need with limited resources. Must provide ID for each person in family. Must provide proof of residence (e.g. recent PG&E bill, rent receipt). Call first: Family can only be served 4 times a year.

FOOD, CLOTHING, ETC.

FRESNO FOOD BANK

Fresno Community Food Resources, Inc.
237-3663, 237-2527 (fax)
210 N. Thorne Avenue
Fresno, CA 92706
Hours: M-F, 9 a.m.-4:00 p.m.
Target Group: Nonprofits with a food distribution program
Other Languages: Hmong, Spanish
Email: ffb@psnw.com
Website: www.psnw.com/~ffb

Receipt and distribution of large donations of surplus food to approved nonprofit agencies. Organizes group purchases of food staples

HOLY CROSS CENTER FOR WOMEN

237-3379, 442-4629 (fax)
421 F Street
Fresno, CA 93706-3410
P.O. Box 12225
Fresno, CA 93777-2225
Hours: M-F, 8 a.m.-11:30 a.m. & 12:45 p.m.-4 p.m.;
Sat, 8 a.m.-11:30 a.m.
Target Group: Women and their children in need.
Other Languages: Spanish

Day shelter: For women and their children. Referrals for services are provided. Offers clothing every Tuesday and Thursday mornings. Diapers and formula available daily 9 a.m.-11 a.m. & 1 p.m.-3 p.m. Offers classes in self-enhancement, English as a Second Language, computer skills, and crafts.

LIGHT LINE UNITED MISSION

268-0596, 497-0407,
497-1600 (fax)
1104 W. North Avenue
Fresno, CA 93706-5288
Hours: M-F, 9 a.m.-2 p.m.
Target Group: Anyone in need

Emergency clothing and furniture for people in need. Call first.

FOOD, CLOTHING, ETC.

LOVE , INC.

224-9599 (crisis), 244-0105 (office), 244-0114 (fax)
680 E. Shaw Avenue
Fresno, CA 93710
Hours: M-F, 9 a.m.-12 p.m. & 1 p.m.-4 p.m.
Target Group: Low-income, poor, seniors, disabled
Website: www.esaloveinc.org

Screens people's needs in the community and organizes church volunteers and programs to meet those needs. Food, clothing, repairs, transportation to appointments, medical and dental care. Do not refer in person. Use crisis line only.

POVERELLO HOUSE

498-6988, 485-6548 (fax)
412 F Street
Fresno, CA 93706-3409
P.O. Box 12225
Fresno, CA 93777-2225
Hours: M-F, 8:30 a.m.-5 p.m.; Sat & Sun, 8 a.m.-2 p.m.
Target Group: Homeless, needy
Other Languages: Spanish
Email: info@poverellohouse.org
Website: www.poverellohouse.org

Hot meals, clothing, residential rehabilitation program, food bag distribution, showers, laundry, day time shelter, and Holy Cross medical/dental clinic.

SEVENTH DAY ADVENTIST COMMUNITY CENTER

221-4247
422 E. Shields Avenue
Fresno, CA 93704-4633
Hours: T & Th, 9 a.m.-12 p.m.
Target Group: Anyone in emergency need of food or clothing

Provides emergency food and clothing to those in need.

STONE SOUP FRESNO

224-7613, 224-2981 (fax)
1345 E. Bulldog Lane, Suite 4
Fresno, CA 93710-7204
Hours: M-F, 9 a.m.-6 p.m.;
Sat, 9 a.m.-2 p.m.
Target Group: Residents of El Dorado Park area
Other Languages: Hmong, Khmer, Lao, Spanish
Email: stonesoupfresno@yahoo.com
Website: stonesoup-fresno.org

Brings together a network of community, church, education, and civic organizations to provide needed resources and services for nearly 6,000 residents living in the El Dorado Park area. Services include employment, medical, dental, immigration, mental health, seniors, youth, and ethnic diversity.

FOOD, CLOTHING, ETC.

CORNERSTONE CHURCH

442-0122, 442-3068 (fax)
1545 Fulton St.
Fresno, CA 93721
P.O. Box 12347
Fresno, CA 93777
Hours: Wed 9 a.m.-12 p.m.

Food is distributed to families with limited resources at 1501 Broadway Str. in Downtown Fresno (on the corner of Broadway & Stanislaus). ID is required.

FRESNO RESCUE MISSION

268-0839, 268-1317 (fax)
310 G. Street
Fresno, CA 93706-3495
Hours: 24 hours, 7 day a week
Target Group: Men, Women, Homeless and Transient
Other Languages: Spanish
Email: larce@onegreatmission.org
Website: www.onegreatmission.org

Provides clothing, furniture, shelter and meals. Temporary shelter for men or women.

ST. ANTHONY MARY CLARET

255-4260
2494 S. Chestnut Avenue
Fresno, CA 93725
Hours: (Clothing) Sat. & Sun. 9 a.m.-11:30 a.m.
(Food) Tues. 9 a.m.-11 a.m.
Target Group: People in need living in church vicinity (California to American and Golden State to Fowler)

Provides food and clothing for families in need. A small donation is asked for clothing and any form of ID with address is needed for food.

WOMEN, INFANT AND CHILDREN NUTRITION PROGRAM (WIC)

Fresno County Economic Opportunities Commission
263-1150, 263-1152 (fax)
1920 Mariposa Mall, Suite 120
Fresno, CA 93721-2526
Hours: M-F, 8 a.m.-5 p.m.; 1st & 3rd Thursdays until 6:30 p.m.
Target Group: Pregnant and breast-feeding women, infants and children up to age 5
Other Languages: Cantonese, Hindi, Hmong, Lao, Punjabi, Sign, Spanish
Website: www.fresnoeoc.org

Nutrition education and supplemental food checks for pregnant and breast-feeding women at risk; also for infants and children up to 5 years at risk.

HOUSING/SHELTER

CALIFORNIA STATE DEPARTMENT OF FAIR EMPLOYMENT & HOUSING

1-800-884-1684 (employment)
244-4819, 1-800-233-3212 (housing), 445-5579 (fax)
1320 E. Shaw Avenue, Suite 150
Fresno, CA 93710-7915
Hours: M-F, 8 a.m.-5 p.m.
Target Group: Fresno County Residents
Other Languages: Spanish

Investigates complaints of discrimination in employment, housing, public accommodations, or services

EMERGENCY HOUSING CENTER

453-6794, 453-6793,
444-0244 (fax)
4041 Plaza Drive West
Fresno, CA 93702-1302
Hours: M-F, 8 a.m.-12 p.m. & 1 p.m.-4 p.m.
Target Group: CalWORKS clients who are homeless
Other Languages: Spanish
Website: www.fresnohumanservices.org

Temporary and emergency housing for families on CalWORKS. Clients must save 75% of all income to obtain permanent housing.

EVANGEL HOME, INC.

264-4714, 498-8324 (fax)
137 N. Yosemite Avenue
Fresno, CA 93701-1639
Hours: 24 hours, 7 days a week
Target Group: Homeless women and children in crises
Other Languages: Spanish

Temporary emergency shelter, meals, clothing, and counseling for single women and women with children.

FAIR HOUSING COUNCIL OF FRESNO COUNTY

1-888-498-3247,
2014 Tulare Street, Suite 413
Fresno, CA 93721-2011
Hours: M-F, 8:30 a.m.-4:30 p.m.
Target Group: Anyone
Other Languages: Hmong, Spanish
Email: fhcjh@yahoo.com

Assists consumers who feel they have been discriminated against in rental and housing sales, as well as housing insurance and mortgage lending. Education is given to housing providers and others in the housing industry in order to be compliant with Federal, State and local fair housing laws.

HOUSING/SHELTER

FAMILY SHELTER

237-4118
310 G. Street
Fresno, CA 93706-3495
Hours: 24 hours, 7 day a week
Target Group: Men, Women,
Homeless Transient
Other Languages: Spanish
Website:
www.fresnorescuemission.org

Temporary shelter for men or women.

FAMILY TRANSITIONAL HOUSING/NEW OUTLOOK

248-9445, 248-9346 (fax)
5070 N. Sixth Street, Suite 182
Fresno, CA 93710
Hours: M-F, 8 a.m.-5 p.m.
Target Group: Homeless families

Fifty apartment units are utilized to house families with the desire to receive supportive services to attain permanent housing, stable income and independence from public housing.

FRESNO RESCUE MISSION

268-0839, 268-1317 (fax)
310 G. Street
Fresno, CA 93706-3495
Hours: 24 hours, 7 day a week
Target Group: Men, Women,
Homeless and Transient
Other Languages: Spanish
Website:
www.fresnorescuemission.org

Provides clothing, furniture, shelter and meals. Temporary shelter for men or women.

HABITAT FOR HUMANITY FRESNO, INC.

237-4102, 237-1451 (fax)
2219 San Joaquin Street
Fresno, CA 93721-1126
Hours: T-F, 9 a.m.-5 p.m.;
Sat, 8 a.m.-12 p.m.
Target Group: Low-income
Other Languages: Spanish
Email: habitatfresno@hotmail.com
Website: www.habitatfresno.org

Builds homes for sale to eligible low-income families.

HOMELESS ASSISTANCE PROGRAM

Fresno County Department of Employment and Temporary Assistance (E&TA)
453-6537
4455 E. Kings Canyon Road
Fresno, CA 93702-3794
Hours: M-F, 8 a.m.-5 p.m.
Target Group: Homeless families
Other Languages: Any language.
Website:
www.fresnohumanservices.org

Temporary and permanent housing assistance. Up to 16 days temporary housing and help with last month's rent, credit check and PG&E. Exceptions for victims of domestic violence. Benefit available once in lifetime.

HOUSING/SHELTER

HOUSING AUTHORITY OF THE CITY AND COUNTY OF FRESNO

443-8400
1331 Fulton Mall
Fresno, CA 93721-1630
Hours: M-F, 7:30 a.m.-5:30 p.m.
(closed alternate Fridays), (closed for lunch 12-1 p.m.)
Target Group: Seniors, low- and moderate-income, persons with disabilities, veterans
Other Languages: Spanish
Website: www.hafresno.org

Assists eligible low-income to moderate-income residents by subsidizing a portion of their rent. Section 8, public housing, migrant housing, farm labor housing, and home ownership assistance. Assists first time buyers to qualify for a mortgage.

MADERA EMERGENCY HOUSING

675-0647 - Georgia Robinson
675-8073 (fax)
332 Elm Street
Madera, CA 93638
Hours: 24 hours, 7 days a week

MARJAREE MASON CENTER

233-4356
(See under "Domestic Violence", p. 12)

OPEN GATE MISSION

591-1241, 591-7257 (fax)
511 North K Street
Dinuba, CA 93618
Hours: 24 hours, 7 days a week

Temporary shelter for families with children.

SANCTUARY TRANSITIONAL LIVING CENTER FOR HOMELESS YOUNG ADULTS

Fresno County Economic Opportunities Commission
268-1045, 268-1047 (fax)
1046 T Street
Fresno, CA 93721-1427
Hours: 24 hours, 7 days a week;
M-F, 8:30 a.m.-5 p.m. (office)
Target Group: Homeless young adults (18 - 24); emancipated minors (16 - 17)
Other Languages: Spanish
Website: www.fresnoeoc.org

Offers independent living program to homeless young adults with no other safe alternative living arrangement.

HOUSING/SHELTER

THE SANCTUARY EMERGENCY SHELTER FOR YOUTH

Fresno County Economic Opportunities Commission
498-8543, 1-800-820-4968, 498-8549 (fax)
2336 Calaveras Street
Fresno, CA 93721-1104
Hours: 24 hours, 7 days a week (shelter); M-F, 8:30 a.m.-5 p.m. (office)
Other Languages: Spanish
Email: eocsanctuary@aol.com
Website: www.fresnoeoc.org

A 20-bed coed youth crisis shelter. Maximum stay of 14 days. Easy access, no referral needed, or transportation to shelter is available through community Safe Place sites. Case management focus upon crisis resolution through family mediation, reunification, referral to CPS, and/or other appropriate community service providers.

US DEPARTMENT OF HOUSING & URBAN DEVELOPMENT (HUD)

487-5033, 487-5344 (fax)
2135 Fresno Street, Suite 100
Fresno, CA 93721-1718
Hours: M-F, 8 a.m.-4:30 p.m.
Other Languages: Hmong, Spanish
Website: www.hud.gov

Works with people, nonprofit organizations and neighborhood groups to strengthen communities. Links HUD resources with other public and private resources. Deals with issues relating to housing, community

MENTAL HEALTH

ADULT MENTAL HEALTH

PACT: 453-6616, 453-8299 (fax)
OUTPATIENT: 453-4099
4441 East Kings Canyon
Fresno, CA 92702
Hours: M-F 8 a.m.-5 p.m.
Website:
www.fresnohumanservices.org

Mental Health assessment and treatment for adults.

MANAGED CARE MENTAL HEALTH

Mental health treatment for Medi-Cal children, families and adults
1-800-654-3937 or 488-2796

- Spanish speaking
- Referral can come via patient or provider
- Must have full scope Medi-Cal
- Patient will be referred to either a private therapist or an organization (see list of provider therapists)
- Non Medi-Cal kids must go to Children's Mental Health: 453-8918

CENTRAL VALLEY INDIAN HEALTH, INC.

299-4834, 299-0245 (fax)
20 N. DeWitt Avenue
Clovis, CA 93612-0330
Hours: M-F, 8 a.m.-5 p.m.
Target Group: Native American community
Other Languages: Indian Dialects
Email: cvih@carih.ihs.gov

Health care, optometric, dental, nutrition, health education, and psychological services for Native Americans and others. Substance abuse prevention, treatment and education services for Native Americans and all members of the community.

COMPREHENSIVE YOUTH SERVICES

(CYS)229-3561
(see under "Counseling", p. 6)

MENTAL HEALTH

ASSESSMENT CENTER FOR CHILDREN

225-1102 (See under "Disabled", pg. 9)

EXCEPTIONAL PARENTS UNLIMITED

229-2000, 229-2956 (fax)
4440 N. First Street
Fresno, CA 93726-2304
Hours: M-F, 8:30 a.m.-5 p.m.
Target Group: Children with special needs and their families; infants (0-3) with special developmental needs, at risk infants and children, teens with developmental disabilities; parents recovering from drug or alcohol abuse
Other Languages: Hmong, Lao, Spanish
Email: epu1@cybergate.com
Website:
www.exceptionalparents.org

Early intervention, support groups, advocacy, education, parenting programs, drug/alcohol parenting program, counseling, child abuse prevention, home visitation.

FAMILIES FIRST

248-8550
7080 N. Marks, Suite 104
Fresno, CA 93711
Call Christina Percel
446-3040/248-8550,
Fax 248-8555
Fruit Avenue office: 221-3100 for mental health and supportive svcs. to families & children with emotional & behavioral problems.

Services can include Mental Health assessment and treatment, supportive counseling, parenting and case management.
*Child must have Medi-Cal.

FIRST STEP OUTREACH

268-2205, 268-2245 (fax)
1638 L Street
Fresno, CA 93721-1118
Hours: M-F, 8 a.m.-8 p.m.; Sat & Sun , 9 a.m.-5 p.m.
Target Group: Homeless mentally ill adults
Email: tpfs0@aol.com

Serves the homeless mentally disabled through aggressive outreach and support services.

FRESNO NATIVE AMERICAN HEALTH CENTER

221-3680, 221-3690 (fax)
3636 N. First Street, Suite 141
Fresno, CA 93726
Hours: M-F, 8 a.m.-5 p.m.; F, 8 a.m.-12 p.m.
Target Group: Urban Native Americans and other indigenous groups
Other Languages: Spanish, Indigenous languages

Family medicine health care services. Family wellness and mental health counseling.

MENTAL HEALTH

FRESNO COUNTY CHILDREN'S MENTAL HEALTH

Crisis Services

COPE TEAM

453-4309
3147 N. Millbrook Avenue
Fresno, CA 93703
Hours: M-F, 8 a.m.-10 p.m.

Mobile crisis response team responding to the needs of minors and their families during periods of serious emotional trauma. A Mental Health clinician will respond and work to stabilize the situation. The police may be called as well if the situation is volatile. The parent must be present and the referring party may call without giving the name of the child.

C-CAIR

453-3860
3147 N. Millbrook
Fresno, CA 93703
Hours: 24 hours, 7 days a week
Target Group: Anyone in crisis or needing mental health assessment
Other Languages: Cambodian, Hmong, Spanish, Vietnamese
Website:
www.fresnohumanservices.org

County mental health crisis center. Provides emergency mental health intervention for children in Fresno County and for children placed on a 72 hour 5150 protective hold.

Outpatient Services

METRO OUTPATIENT CHILDREN'S MENTAL HEALTH SERVICES

453-8918
Heritage Center
3133 N. Millbrook
Fresno, CA 93703

Outpatient Mental Health treatment including, individual, group & family therapy. Mediation evaluation with child psychiatrist.
*Call for Rural Clinic information

YOUTH LINK OUTPATIENT MENTAL HEALTH

453-8405, 453-6733 (fax)
3133 N. Millbrook
Fresno, CA 93703

Outpatient mental health treatment for CPS connected families.

MENTAL HEALTH

PSYCHOLOGICAL SERVICES CENTER

253-2277
5130 E. Clinton Way
Fresno, CA 93727

Mental health treatment, Multi-lingual and adjustable fees. Eating disorders group.

RAPE COUNSELING SERVICE OF FRESNO COUNTY

Hotline: 222-7273.
Main: 497-2900. Fax: 497-2911
259 N. Blackstone Avenue
Fresno, CA 93701
Hours: 24 hours, 7 days a week;
M-F, 8 a.m.-5 p.m. (office)
Other Languages: Spanish
E-mail: rcsci@sbcglobal.net

Offers hospital advocacy, court advocacy, counseling, prevention presentations, women's self-defense classes, and a 24-hour hotline. Crisis intervention for sexual assault survivors and their families.

VA MENTAL HEALTH CLINIC

VA Central California Health Care System
225-6100 ext. 5468,
228-6910 (fax)
2615 E. Clinton Avenue
Fresno, CA 93703-2286
Hours: M-F, 8 a.m.-4:30 p.m.
Target Group: Veterans

Individual, family, group, marital, and couples counseling.
Medication evaluations and monitoring. Assessment and referrals.

VICTIM/WITNESS ASSISTANCE PROGRAM

488-3425 (See under "Domestic Violence", p. 12)

WELLNESS OUTREACH SERVICES

Community Medical Centers
228-5400, 224-2046 (fax)
1180 E. Shaw Avenue
Fresno, CA 93710
Hours: M-F, 8 a.m.-5 p.m.
Target Group: Anyone
Website:
www.communitymedical.org

Provides education on various physical and mental health issues.

PARENTING

ADOLESCENT FAMILY LIFE NETWORK

453-6389, 253-9200,
453-9200 (fax)
4455 E. Kings Canyon Road
Fresno, CA 93750-0001
Hours: M-F, 8 a.m.-5 p.m.
(call for additional sites)
UMC Teen Pregnancy Program,
Debbie Noriega: 459-1888
EOC Health Services at The Sanctuary,
Sandra Mason: 498-8543
Target Group: Pregnant and parenting girls under 18, male parents under 20
Other Languages: Spanish

Provides case management for pregnant and/or parenting teens. Goal is to improve health outcomes for infants, encourage continued education and assist with family planning.

CENTRAL VALLEY CHILDREN'S SERVICES NETWORK

456-1100, 1-800-330-9276
(Warmline), 456-8199,
456-8381 (fax)
1911 N. Helm
Fresno, CA 93727-1609
Hours: 24 hours, 7 days a week
Other Languages: Hmong, Spanish
Email: warmline@hotmail.com
Website: www.cvcsn.org

Parenting crisis line offers support and encouragement. Provides anger management classes to

parents, workshops to schools, businesses, support groups for teens, women and parents. Parent education and support services for parents who have concerns about their parenting skills.

EXCEPTIONAL PARENTS UNLIMITED

229-2000
(see under "Mental Health", p. 32)

FRESNO ADULT SCHOOL

457-6000, 457-6001 (fax)
2500 Stanislaus Avenue
Fresno, CA 93721
Hours: M-Th, 8 a.m.-9 p.m.
F, 8 a.m.-5 p.m.
Target Group: Adult education
Other Languages: Spanish, Hmong

Call for times and locations. Free short-term course in parent training. Classes for parenting both the adolescent and school-aged child.

PARENTING

MENTOR MOMS PROGRAM

Youth For Christ
237-4741, 237-4073 (fax)
1401 Divisadero Street
Fresno, CA 93721-1113
P.O. Box 4117
Fresno, CA 93744-4117
Hours: M-F, 8:30 a.m.-12 p.m. &
1 p.m.-4:30 p.m.
Target Group: Youth
Other Languages: Spanish
Email: ycfresno@intplus.com
Website: www.yfc.org

On-going support for young mothers.

NURTURING PARENTING PROGRAM

Fresno County Dept. of Children & Family Services
253-9524 Neil Pamandan

The nurturing program is a 14 week course, 3 hour sessions held in the mornings, afternoons and some evenings, Tuesdays, Wednesdays and Thursdays. Call for scheduling and to sign-up. No fee charged. Hmong & Spanish available.

NEIGHBORHOOD RESOURCE CENTERS

Parenting & many other services to support families.

Burroughs NRC - 255-6610
166 N. Sierra Vista
Fresno, CA 93702

Jane Addams NRC - 457-2516
2117 W. McKinley
Fresno, CA 93728

Mayfair NRC - 497-0656
3305 E. Home Ave.
Fresno, CA 93703

Lowell NRC - 498-3553
108 N. Poplar
Fresno, CA 93704

Carver NRC - 268-1975
2463 Martin Luther King
Fresno, CA 93706

Pinedale NRC - 327-7761
7171 N. Sugar Pine
Pinedale, CA 93650-1223

COMMUNITY FAMILY ENGAGEMENT NETWORK

Fresno Unified School District
248-7130, 248-7131(fax)
3335 N. Arthur
Fresno, CA 93705
Hours: M-F, 8 a.m.-5 p.m.
Target Group: Parents
Other Languages: Hmong, Lao, Spanish

Offers training in parenting skills, counseling and advice. Provides referrals to community resources.

SUPPORT GROUPS

AID IN DIVORCE ADJUSTMENT PROBLEMS OF TODAY (ADAPT)

488-6512, 261-0341 (fax)
P.O. Box 28058
Fresno, CA 93729-8058
Hours: 24 hours, 7 days a week
Target Group: Anyone going through separation or divorce
Email: ADAPTstuff@yahoo.com
Website:
govalley.fresnobee.com/363/

Self-help groups for people adjusting to divorce or separation. Provides lectures, open rap sessions, interactive discussion groups, library collection, and other support. Meetings are held at St. Agnes, West Wing, Rooms A & B.

ANGEL BABIES/BEBITOS ANGELITOS

Hinds Hospice
Jane Lindberg, LCSW
226-5683, 320-0058 (fax)
1-800-400-4677
1616 W. Shaw Avenue, Suite B-7
Fresno, CA 93711

Spanish speaking support group for couples whose child (any age) has died.

COMMUNITY LINK, INC.

266-5465, 486-3464 (fax)
P.O. Box 4959
Fresno, CA 93744-4959
Hours: F, 7:30 p.m.-9:30 p.m.
Target Group: Gay, lesbian or bisexual young adults (18-25)
Email: clininc@aol.com
Website: www.yourtown.net/display.main/org3.62.html

A rap session to explore sexual identity for young adults. Peer counseling, peer advocacy, education, support, and social activities. Meets Fridays at 7:30 p.m. at the Center for Nonviolence, 985 Van Ness.

FOOTSTEPS

Saint Agnes Medical Center
449-5600, 449-5160 (fax)
1303 E. Herndon Avenue
Fresno, CA 93720-5600
Hours: M-F, 7:30 a.m.-4 p.m.
Target Group: Children, teens (6-18), parents, and adult guardians
Website: www.samc.com

An experiential art-based program for children and youth (6-18), their parents and caregivers, who have experienced a loss through death or divorce in the family. A partnership of Saint Agnes Medical Center and Children's Central California Hospital.

SUPPORT GROUPS

FRESNO SURVIVORS OF SUICIDE LOSS

322-5877, 322-1140 (fax)
2585 E. Perrin Avenue, #102
Fresno, CA 93720
Hours: Meetings on the 3rd
Tuesday of month, 7 p.m.-9 p.m.
Target Group: Anyone grieving a
suicide loss
Office Hours: By Appt. only.

Support group for families and
friends of those who committed
suicide. Support group for those
surviving suicide.

GAMBLERS ANONYMOUS

1-800-287-8670
Target Group: Anyone who wishes
to solve their compulsive gambling
problems.
Email:
isomain@gamblersanonymous.org
Website:
www.gamblersanonymous.org

Support network for persons who
think they may have a gambling
problem

HEALING FOR SURVIVORS

442-3600, 442-0187 (fax)
P.O. Box 4698
Fresno, CA 93744
Hours: M-Th, 9 a.m.-12 p.m.,
1 p.m.-6 p.m.
Target Group: Adult survivors of
childhood physical, emotional or
sexual abuse and their partners
Email: hfshope@email.com
Website: www.hfshope.org

Weekly support groups, work-
shops, peer counseling and edu-
cation for adult survivors of child-
hood abuse.

HINDS HOSPICE

Jane Lindberg, LCSW
226-5683
1616 W. Shaw Suite B-6
Fresno, CA 93711

Support groups & counseling for
children & families regarding loss.
No fee

LIFE AFTER LOSS SUPPORT GROUP

449-5600, 449-5160 (fax)
1303 E. Herndon Avenue
Fresno, CA 93720-5600
Hours: M-F, 8 a.m.-5 p.m.
Target Group: Adults who have
lost loved ones or friends due to
death
Other Languages: Spanish

Group support for adults who
have lost loved ones or friends
due to death. 6-week sessions.

SUPPORT GROUPS

OVEREATERS ANONYMOUS

323-5636
P.O. Box 8302
Fresno, CA 93727-8302
Hours: 24 hours, 7 days a week
Target Group: People who have
unhealthy food habits
Website:
www.aa-sanjoquinvalley.org

Support groups for people who
wish to learn to deal with food in
a healthier manner and stop their
compulsive behavior concerning
food. Based on 12-step principles.

OTHER

BLUE CROSS TRANSPORTATION 1-800-224-0336

CALIFORNIA CREDIT COUNSELING

650-7658, 650-7657 (fax)
4270 N. Blackstone Ave., Ste. 312
Fresno, CA 93726-1907
Hours: T-Sat, 8 a.m.-5 p.m.
Target Group: Anyone
Other Languages: Spanish

Provides free financial counseling to help people solve their debt problems. Acts as intermediary in setting up payment plans with creditors to spread out or lower monthly payments. Offers classes and training on handling finances better in the future. Budget counseling, debt management, education, and consumer housing programs.

CAR SEAT - LOW COST 432-2223 Kathleen Cagle, R.N. Injury Prevention 459-4342, 771-0170

CENTRAL CALIFORNIA LEGAL SERVICES 570-1200, 441-7215 (fax) 1-800-0675-8001

CENTRO LA FAMILIA 237-8530 (see under "Counseling", p. 6)

EL CONCILIO DE FRESNO, INC. Call Lilly Torres or Rosemary Moreno: 485-0678, 485-0679, 485-3951 (fax) 1532 Fresno Street Fresno, CA 93706-1627 Hours: M-F, 9 a.m.-5 p.m.; Sat. 9 a.m.-12 p.m. Target Group: Spanish speaking immigrants Other Languages: Spanish

FIRE SETTERS PROGRAM 498-1023 450 "M" Street Fresno, CA 93721 Call Lisa Anderson M-F 8 a.m.-5 p.m.

Educational Program for children who have played with fire.

FRESNO COUNTY EOC 263-1000 1920 Mariposa Mall Fresno, CA 93721

HMONG AMERICAN COMMUNITY, INC. 237-4919, 237-5905 (fax) 1044 Fulton Mall, Suite 207 Fresno, CA 93721-2502 Hours: M-F, 8 a.m.-5 p.m. Target Group: Hmong, southeast Asians, farmers Other Languages: Hmong, Lao Website: www.hmongamer.com

Provides Hmong farmers with agricultural education to help them become self-sufficient. Uses a farm cooperative as a teaching tool.

INDEX

ADOLESCENT FAMILY LIFE NETWORK.....	35
ADULT MENTAL HEALTH	31
AID IN DIVORCE ADJUSTMENT PROBLEMS OF TODAY	37
AL-ANON FAMILY GROUPS, INC	13
ALATEEN	13
ALCOHOLICS ANONYMOUS-FOR ADULTS & KIDS.....	13
ALL ABOUT CARE	6
ASSESSMENT CENTER FOR CHILDREN	9
ASSISTANCE LEAGUE OF FRESNO	22
AUTISM SOCIETY OF AMERICA	9
B.A.A.R.T.....	15
BEBITOS ANGELITOS	37
BIG BROTHERS/BIG SISTERS	4
BLUE CROSS TRANSPORTATION	40
BOYS AND GIRLS CLUBS	4
BREAK THE BARRIERS.....	9
CALIFORNIA CHILDREN SERVICES.....	9
CALIFORNIA CREDIT COUNSELING.....	40
CALIFORNIA STATE DEPARTMENT OF FAIR EMPLOYMENT & HOUSING.....	19, 27
CALIFORNIA STATE DEPARTMENT OF REHABILITATION	19
CALIFORNIA STATE EMPLOYMENT DEVELOPMENT DEPARTMENT	19
CALIFORNIA-HAWAII ELKS MAJOR PROJECT, INC.....	9
CALWORKS	19
CAR SEAT - LOW COST	40
CATHOLIC SOCIAL SERVICE	22
C-CAIR.....	33
CENTRAL CALIFORNIA LEGAL SERVICES	39
CENTRAL VALLEY CHILDREN'S SERVICE NETWORK	3, 35
CENTRAL VALLEY INDIAN HEALTH, INC.....	31
CENTRAL VALLEY REGIONAL CENTER.....	10
CENTRO LA FAMILIA	6, 40
CHANGES	6
CHILD PROTECTIVE SERVICES	4
CLOVIS SALVATION ARMY FAMILY SERVICE CENTER.....	22
COMMUNITY FAMILY ENGAGEMENT NETWORK.....	36
COMMUNITY FOOD BANK, INC.....	22
COMMUNITY LINK, INC.....	37
COMMUNITY SERVICES.....	23
COMPREHENSIVE ALCOHOL PROGRAM, INC.....	15
COMPREHENSIVE YOUTH SERVICES, INC.....	6, 31
COPE TEAM.....	33
CORNERSTONE CHURCH.....	26
DEAF AND HARD OF HEARING SERVICE CENTER, INC.....	10
DRIVING ABUSE TREATMENT & EDUCATION	15
EL CONCILIO DE FRESNO, INC.....	40
EMERGENCY HOUSING CENTER	27
EVANGEL HOME, INC	27
EXCEPTIONAL PARENTS UNLIMITED	10, 32, 35
FAIR HOUSING COUNCIL OF FRESNO COUNTY	27
FAMILIES FIRST	32
FAMILY COMMUNICATION CENTER	7
FAMILY SERVICE CENTER SALVATION ARMY.....	23
FAMILY TRANSITIONAL HOUSING.....	28
FERGER THOMAS FRIENDSHIP CLUB	10

INDEX

FIRE SETTERS PROGRAM	40
FIRST STEP OUTREACH	32
FOOD STAMPS	23
FOOTSTEPS	37
FRANCIS X. SINGLETON EMERGENCY FOOD ASSISTANCE	23
FRESNO ADULT SCHOOL	35
FRESNO AREA WORKFORCE INVESTMENT CORPORATION	20
FRESNO BARRIOS UNIDOS	4
FRESNO CAREER DEVELOPMENT INSTITUTE, INC	20
FRESNO COUNTY CHILDREN'S MENTAL HEALTH CRISIS SVCS	33
FRESNO COUNTY EOC	40
FRESNO COUNTY SPECIAL OLYMPICS	10
FRESNO FAMILY COUNSELING	7
FRESNO FOOD BANK	24
FRESNO INDIAN HEALTH ASSOCIATION	32
FRESNO NEW CONNECTIONS	13
FRESNO RESCUE MISSION	28
FRESNO SURVIVORS OF SUICIDE LOSS	38
FRIENDSHIP CENTER FOR THE BLIND	11
GAMBLERS ANONYMOUS	38
GLORYBOUND MINISTRIES	16
GOODWILL INDUSTRIES	11
HABITAT FOR HUMANITY FRESNO, INC.	28
HEALING FOR SURVIVORS	38
HIGHWAYS AND HEDGES	16
HINDS HOSPICE	38
HMONG AMERICAN COMMUNITY, INC.	40
HOLY CROSS CENTER FOR WOMEN	24
HOMELESS ASSISTANCE PROGRAM	28
HOUSING AUTHORITY OF THE CITY AND COUNTY OF FRESNO	29
HOTLINES, SHELTER, CRISIS SERVICES	12
JOB CORPS	20
KINGS VIEW ALCOHOL AND DRUG SERVICES	16
LIFE AFTER LOSS SUPPORT GROUP	38
LIGHT LINE UNITED MISSION	24
LINK CARE COUNSELING CENTER	7
LOVE , INC.	25
MADERA EMERGENCY HOUSING	29
MARJAREE MASON CENTER	7, 12, 29
MAROA HOME POTTERS WHEEL	16
MATERNAL CHILD ADOLESCENT HEALTH	5
MEN'S RESIDENTIAL RECOVERY HOME	17
MENTAL HEALTH TREATMENT FOR MEDI-CAL CHILDREN, FAMILIES & ADULTS	31
MENTOR MOMS PROGRAM	36
METRO OUTPATIENT MENTAL CHILDREN'S HEALTH SERVICES	33
NAR-ANON FAMILY GROUP	14
NARCOTICS ANONYMOUS	17
NATIONAL RUNAWAY SWITCHBOARD	5
NEIGHBORHOOD RESOURCE CENTERS	36
NEW LIFE FOR GIRLS	14
NORTHWEST FAMILY CENTER	8
NUUESTRA CASA RECOVERY HOME	17
NURTURING PARENTING PROGRAM	36

INDEX

OPEN GATE MISSION	29
OVEREATERS ANONYMOUS	39
PACT	13, 15
PARENT ENGAGEMENT CENTER	36
PARENTS UNITED	39
POVERELLO HOUSE	25
PROTEUS, INC.	20
PSYCHOLOGICAL SERVICES CENTER	34
RAPE COUNSELING SERVICE OF FRESNO COUNTY	12, 34
RESTRAINING ORDERS AND LEGAL SERVICES	12
SALVATION ARMY A.R.C.	17
SANCTUARY TRANSITIONAL LIVING CENTER FOR HOMELESS YOUNG ADULTS	29
SER, JOBS FOR PROGRESS, INC.	20
SEVENTH DAY ADVENTIST COMMUNITY CENTER	25
ST. ANTHONY MARY CLARET	26
STONE SOUP FRESNO	25
THE SANCTUARY EMERGENCY SHELTER FOR YOUTH	29
THERAPEUTIC RECREATION PROGRAM	11
TURNING POINT OF CENTRAL CALIFORNIA, INC.	18
TURTLE LODGE ALCOHOL RECOVERY HOME	18
UNITED CEREBRAL PALSY OF CENTRAL CALIFORNIA, INC.	11
UNITED COUNSELING CENTER	8
US DEPARTMENT OF HOUSING & URBAN DEVELOPMENT (HUD)	30
VA MENTAL HEALTH CLINIC	34
VICTIM/WITNESS ASSISTANCE PROGRAM	12,34
WELLNESS OUTREACH SERVICES	34
WESTCARE	18
WOMEN TO WOMEN	14
WOMEN, INFANT AND CHILDREN NUTRITION PROGRAM (WIC)	26
WORKFORCE CONNECTION	21
YOUTH COLLABORATIVE	21

**For information regarding this resource
guide, please contact:**

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