

# COUNSELING RESOURCES

(SEE OVER FOR "MENTAL HEALTH")

## SLIDING SCALE COUNSELING RESOURCES:

### ALL ABOUT CARE

222-9471, 226-5100 (fax)  
4974 N. Fresno Street, PMB 156  
Fresno, CA 93726-0137  
Hours: M - Th, 9 a.m. - 5 p.m.;  
F, 9 a.m. - 12 noon

Target Group: People infected with and affected by HIV/AIDS  
Email: [fresnoaac@aol.com](mailto:fresnoaac@aol.com)

Sponsors support group for women with HIV/AIDS, children of parents with HIV/AIDS, and mothers of those lost to or living with HIV/AIDS. Special support to caregivers through the dying process. Camp Care for families infected with or affected by HIV/AIDS.

### FAMILY COMMUNICATION CENTER

431-0500, 431-0580 (fax)  
2560 W Shaw, Suite 101  
Fresno, CA 93711

Hours: M - F, 8 a.m. - 5 p.m.

Target Group: Adults who wish to be foster parents

Website: [www.FamilyCommCenter.org](http://www.FamilyCommCenter.org)

Recruits foster parents, provides training, counseling, and guidance to assure a successful foster family experience. Marriage, individual and child counseling. Sliding scale fee.

### FRESNO FAMILY COUNSELING CENTER

497-8929, 497-0536 (fax)  
1580 N. Millbrook Avenue  
Fresno, CA 93703-4149  
Hours: M - Th, 3 p.m. - 8 p.m.

Target Group: FUSD referrals, general public

Other Languages: Spanish

Website: [beaches.soehd.csufresno/soehd/cds/ffcc/ffcc.htm](http://beaches.soehd.csufresno/soehd/cds/ffcc/ffcc.htm)

Low cost and sliding fee counseling services for families, couples, parent/child, and individuals. Parenting and anger management groups.

### LINK CARE COUNSELING CENTER

439-2647, 439-4712 (fax)  
1734 W. Shaw Avenue  
Fresno, CA 93711-3478  
Hours: M - F, 8 a.m. - 4 p.m.  
Other Languages: French, Spanish

Website: [www.linkcare.org](http://www.linkcare.org)

Individual, marital, family, group, and premarital counseling. Pastoral care services, psychological testing, restoration and personal growth program for missionaries and pastors.

### NORTHWEST FAMILY CENTER

225-3222, 225-3305 (fax)  
600 W. Shaw Avenue, Suite 120  
Fresno, CA 93704

Hours: 24 hours, 7 days a week

Individual and family counseling services. Survivors issues, incestuous family systems, individual and group counseling, marital-before, during, after, domestic violence, adolescent eating disorder, grief loss, anger management, elderly abuse, and depression.

### UNITED COUNSELING CENTER

230-1718, 222-0697 (fax)  
2491 W. Shaw Avenue, Suite 110  
Fresno, CA 93711-3306

Hours: M - F, 9 a.m. - 7 p.m.

Target Group: Adolescents and adults

Individual and group therapy. Sliding scale fee.

## OTHER COUNSELING SERVICES

### COMPREHENSIVE YOUTH SERVICES, INC.

229-3561, 229-3681 (fax)  
3795 E. Shields Avenue  
Fresno, CA 93726-7029

Hours: M - F, 8 a.m. - 6 p.m.; F, 8 a.m. - 5 p.m.; Evenings & Sat, by appointment

Target Group: Fresno County residents

Other Languages: Spanish

Email: [cys4fams@lightspeed.net](mailto:cys4fams@lightspeed.net)

Treatment services for child victims of sexual assault and for youth and children who have molested other children and have advanced sexual knowledge. Individual and family counseling. Parenting classes. Anger management classes for adults and adolescents. Supervised visits. Successful single parenting. Public education on child abuse prevention.

### MARJAREE MASON CENTER

233-4357 (hotline), 237-4706 (office), 237-0420 (fax)  
1600 M Street  
Fresno, CA 93721-1178

Hours: 24 hours, 7 days a week

Other Languages: Spanish

Website: [www.mmcenter.org](http://www.mmcenter.org)

Emergency Shelter and counseling for women and their children who are victims of family violence. 24 hour crisis hotline.

# MENTAL HEALTH RESOURCES

(SEE OVER FOR "COUNSELING RESOURCES")

## MENTAL HEALTH TREATMENT FOR MEDI-CAL CHILDREN, FAMILIES AND ADULTS CALL MANAGED CARE

1-800-654-3937 or 488-2796

- > Spanish speaking
- > Referral can come via patient or provider
- > Must have full scope Medi-Cal
- > Patient will be referred to either a private therapist or an organization (see list of provider therapists)
- > Non Medi-Cal kids must go to Children's Mental Health: 453-8918

## ADULT MENTAL HEALTH

PACT: 453-6616, 453-8299 (fax)

OUTPATIENT: 453-4099

4441 East Kings Canyon

Fresno, CA 92750

Hours: M-F 8am-5pm

[Website: www.fresnohumanservices.org](http://www.fresnohumanservices.org)

Mental Health assessment and treatment for adults.

## EXCEPTIONAL PARENTS UNLIMITED

229-2000, 229-2956 (fax)

4440 N. First Street

Fresno, CA 93726-2304

Hours: M - F, 8:30 a.m. - 5 p.m.

Target Group: Children with special needs and their families; infants (0 - 3) with special developmental needs, at risk infants and children, teens with developmental disabilities; parents recovering from drug or alcohol abuse

Other Languages: Hmong, Lao, Spanish

Email: epu1@cybergate.com

Website: [www.exceptionalparents.org](http://www.exceptionalparents.org)

Early intervention, support groups, advocacy, education, parenting programs, drug/alcohol parenting program, counseling, child abuse prevention, home visitation.

## FAMILIES FIRST

248-8550

7080 N. Marks, Ste. 104

Fresno, CA 93711

Call Christina Percel 446-3040/248-8550 - Fax 248-8555

Fruit Avenue office: 221-3100

For mental health and supportive svcs. to families & children with emotional & behavioral problems. Services can include Mental Health assessment and treatment, supportive counseling, parenting and case management.

> Child must have Medi-Cal.

Referral must be made through Managed Care.

## FRESNO COUNTY CHILDREN'S MENTAL HEALTH

### *Crisis Services*

### COPE TEAM

453-4309

3147 N Millbrook

Fresno, CA 93703

Hours: M - F, 8 a.m. - 10 p.m.

Mobile crisis response team responding to the needs of minors and their families during periods of serious emotional trauma. A Mental Health clinician will respond and work to stabilize the situation. The police may be called as well if the situation is volatile. The parent must be present and the referring party may call without giving the name of the child.

### C-CAIR (crisis center for children)

453-3860

3147 N. Millbrook

Fresno, CA 93703

Hours: 24 hours, 7 days a week

Target Group: Anyone in crisis or needing mental health assessment

Other Languages: Cambodian, Hmong, Spanish, Vietnamese

[Website: www.fresnohumanservices.org](http://www.fresnohumanservices.org)

County mental health crisis center.

Provides emergency mental health intervention for children in Fresno County and for children placed on a 72 hour 5150 protective hold.

### *Outpatient Services*

#### Metro Outpatient Children's Mental Health Services

453-8918

Heritage Center

3133 N. Millbrook

Fresno, CA 93703

Outpatient Mental Health treatment including, individual, group & family therapy.

Mediation evaluation with child psychiatrist.

> Call for Rural Clinic information

#### Youth Link Outpatient Mental Health

453-8405, 453-6733 (fax)

3133 N. Millbrook

Fresno, CA 93703

Outpatient mental health treatment for CPS connected families.

#### PSYCHOLOGICAL SERVICES CENTER

253-2277

5130 E. Clinton Way

Fresno, CA 93727

Mental health treatment, Multi-lingual and adjustable fees. Eating disorders group.

#### RAPE COUNSELING SERVICE OF FRESNO COUNTY

Hotline: 222-7273. Main: 497-2900. Fax: 497-2911 1060

259 N Blackstone Ave

Fresno, CA 93701

Hours: 24 hours, 7 days a week; M - F, 8 a.m. - 5 p.m. (office)

Other Languages: Spanish

E-mail: [rcsci@sbcglobal.net](mailto:rcsci@sbcglobal.net)

Offers hospital advocacy, court advocacy, counseling, prevention presentations, women's self-defense classes, and a 24-hour hotline. Crisis intervention for sexual assault survivors and their families.

#### VICTIM/WITNESS ASSISTANCE PROGRAM

Hours: M - F, 8 a.m. - 5 p.m.

Closed for lunch 12 - 1:00 p.m.

Target Group: Fresno County residents

Other Languages: Spanish

Website: [www.fresno.ca.gov/3430/index.html](http://www.fresno.ca.gov/3430/index.html)

Provides direct services to victims and witnesses of crime. Victims receive support, crisis intervention, emergency food, shelter, referrals, and aid in filing for reimbursements of expenses/losses as a result of injury during a crime.

Witnesses receive a safe waiting area, notice of hearings, court support and accompaniment, and an explanation of the justice system.