

COUNSELING RESOURCES

(SEE OVER FOR "MENTAL HEALTH")

SLIDING SCALE RESOURCES:

ALL ABOUT CARE

4974 N. Fresno Street, PMB 156, Fresno, CA 93726
Phone: 559-222-9471, Fax: 559-226-5100
Hours: M – Th, 9am - 5pm; and F, 9am – 12pm
Target Group: Terminally ill, especially people who are HIV positive
www.allaboutcare.org

Sponsors support group for children of parents with HIV/AIDS. Provides legal referrals, community outreach, education seminars, and speakers. Support groups for women who are HIV positive.

LINK CARE COUNSELING CENTER

1734 W. Shaw Avenue, Fresno, CA 93711-3478
Phone: 439-2647, Fax: 439-4712
Hours: M - Th, 8am - 5pm, F, 8am – 12pm (office)
Target Group: Anyone
Website: www.linkcare.org

Outpatient mental health services for individual, marital, family, group, and premarital counseling. Pastoral care services, psychological testing, restoration and personal growth program for missionaries and pastors. Dr. Phillip Collier, Ph.D., Executive Director/CEO; license no. PSY 13428.

NORTHWEST FAMILY CENTER

600 W. Shaw Avenue, Suite 120, Fresno, CA 93704
Phone: 559-225-3222, Fax: 559-225-3305
Hours: M – F, 8am – 7pm
Target Group: Anyone

Individual and family counseling services. Survivors issues, incestuous family systems, individual and group counseling, marital (before, during, after) domestic violence, adolescent eating disorder, grief loss, anger management, elderly abuse, and depression.

OTHER COUNSELING SERVICES

2GETHELP WELLNESS CENTER

2560 W. Shaw Ave., Suite 105, Fresno, CA 93711
Phone: 559-431-0500, Fax: 559-431-0580
Hours: M – TH, 8:30am – 5pm
Target Group: Individuals, couples and families with emotional and communication problems.
Website: www.2gethelp.com

Marriage, individual, couple group and child counseling. Fee: \$110 an hour. Free huge group therapy on Saturdays from 9 am – 10:45 am Call for location info.

COMPREHENSIVE YOUTH SERVICES, INC.

3795 E. Shields Avenue, Fresno, CA 93726-7029
Phone: 229-3561, Fax: 229-3681
Hours: M - Th, 8am - 8pm; Friday, 8am - 5pm;
Saturday, by appointment for visits
Target Group: Fresno County residents
Other Languages: Spanish, Hmong
Website: www.cysfresno.org

Individual and family counseling for at-risk and abused or neglected children and their families. Parent Child Interactive Therapy (therapist coached parent-child sessions). Successful Single Parenting classes, and anger management classes for adults and adolescents. Supervised and therapeutic supervised visits for children ages 0 – 18. Public education n child abuse prevention. Student assistance program offering on-campus crisis counseling for children and youth at numerous Fresno Unified School District, Fresno County schools and Neighborhood Resource Centers. Rural programs include: Keep Kids Drug Free, Keep Kids Connected, a mentoring program for children of prisoners in Sanger and Del Rey, and the STOP juvenile program in Mendota.

MARJAREE MASON CENTER

1600 M Street, Fresno, CA 93721
Phone: 559-237-4706, Fax: 559-237-0420
Hotline: 559-233-HELP (4357)
Hours: 24 hours, 7 days a week
Target Group: Anyone
Other Languages: Spanish, Hmong, Vietnamese
Website: www.mmcenter.org
Shelter and supportive services for victims of domestic violence and their children. Information and referrals regarding domestic violence. Free legal options class, assistance with restraining orders, court accompaniment, referrals, and a variety of free paralegal and self help services. Individual and group counseling for adults and children; parenting classes, anger management and 52 week batterers intervention program. 24-hour confidential crisis hotline, and 24-hour emergency-shelter intake. Community education presentations.

MENTAL HEALTH RESOURCES

(SEE OVER FOR "COUNSELING RESOURCES")

MENTAL HEALTH TREATMENT FOR MEDI-CAL CHILDREN, FAMILIES AND ADULTS CALL MANAGED CARE

> 1-800-654-3937 or 488-2796

> Spanish speaking

> Patient will be referred to either a private therapist or an organization (see list of provider therapists)

> Referral can come via patient or provider

> Must have full scope Medi-Cal

> Non Medi-Cal kids must go to Children's Mental Health: 559-453-8918

ADULT SYSTEM OF CARE

Adult Services Dept., Metro Services

4441 East Kings Canyon Rd., Fresno, CA 92750

Phone: 559-4099, Fax: 453-8299

Outpatient: 559-453-4099

Hours: M – F, 8am – 5pm

Target Group: Fresno County Residents

Other Languages: Spanish, Cambodian, Hmong, Lao, Mien, Vietnamese

Website: <http://www.co.fresno.ca.us/>

Mental health services for adults.

Provides treatment to prevent hospitalization. Provides assessment, crisis intervention and resolution for minors who have been determined to be a suicidal, homicidal or are gravely disabled (unable to make use of food, clothing and shelter).

CRIME VICTIM ASSISTANCE CENTER

FRESNO COUNTY PROBATION DEPARTMENT

2333 Kern Street, Fresno, CA 93721

Phone: 559-488-3425, Fax: 559-488-3826

Hours: M – F, 8am – 12pm and 1pm - 5pm

Target Group: Fresno County residents

Other Languages: Spanish

Website: www.fresno.ca.gov/3430/index.html

Provides direct services to victims and witnesses of crime. Victims receive crisis intervention, assessment, and referrals for services including: emergency food, shelter, referrals, counseling, medical care and for other needs. Victims and Witnesses receive court support including: explanation of the justice system, assistance in court for testimony or victim impact statements, obtaining restraining orders and other court hearing information

EXCEPTIONAL PARENTS UNLIMITED (EPU)

4440 N. First Street, Fresno, CA 93726-2304

Phone: 559-229-2000, Fax: 559-229-2956

Hours: M – F, 8:30am - 5pm

Target Group: Children and young adults with special needs and their families.

Other Languages: Hmong, Spanish

Website: www.exceptionalparents.org

Advocacy, education, and community outreach for parents of handicapped children. Assessment Center provides comprehensive assessments of children (0-5) and support for families. Other services include: Early Intervention, Parent to Parent Support, Home Visitation, and more.

HEALING FOR SURVIVORS

PO Box 4698, Fresno, CA 93744

Phone: 559-442-3600, 930-6278

Hours: M – TH, 9 am to 12 pm and 1pm – 6pm; or by appt.

Target Group: Adult survivors of childhood physical, emotional or sexual abuse and their partners.

Website: www.healingforsurvivors.org

Weekly support groups, workshops, pastoral counseling and education for adult survivors of childhood abuse. Specializing in support groups, workshops, pastoral counseling, and education for adult survivors of childhood abuse. Teen groups are also available.

FAMILIES FIRST, INC.

7080 N. Marks, Ste. 104, Fresno, CA 93711

Phone: 559-446-3000, Fax: 559- 248-8555

1-800-488-5437

Hours: M – F, 8am – 5pm

Target Groups: Children and families involved with County Social Services, CPS, Juvenile Delinquency, County Mental Health, Foster Care, Adoptions

Website: www.familiesfirst.org

Community Based Services (CBS) provides intensive community based mental health treatment and support services for Med-Cal children and families.

RAPE COUNSELING SERVICES OF FRESNO

259 N. Blackstone Ave., Fresno, CA 93701

Phone: 559-497-2900, Fax: 497-2911

Hotline: 222-RAPE (7273),

Hours: M – F, 8am - 5pm (office);

24 Hours/7 Days a Week (hotline)

Website: <http://www.rcsfresno.com>

Offers hospital advocacy, court advocacy, counseling, prevention presentations, women's self-defense classes, and a 24-hour hotline. Crisis intervention for sexual assault survivors and their families.

FRESNO COUNTY CHILDREN'S MENTAL HEALTH

3133 N. Millbrook, Fresno, CA 93703

Outpatient: 559-453-8918

Rural Services: 1-800-654-3937

Crisis Services: 559-453-3860

Target Group: Children in crisis or needing assessment

Website: <http://www.co.fresno.ca.us/>

Provides emergency mental health intervention for children in Fresno County. Also provides outpatient mental health treatment.

W. GARY CANNON PSYCHOLOGICAL SERVICE CENTER

5130 C. Clinton Way, Fresno, CA 93727

Phone: 559-456-2277, Fax: 253-2298

Hours: M – Th, 10am – 8pm and F, 11am – 4pm

Target Group: Anyone

Website: www.alliant.edu

Group and individual therapy, psychological assessments. Treatment for anxiety, stress, depression, domestic conflict and violence, and sex offender program.

OUTPATIENT SERVICES

CHILDREN'S CRISIS ASSESSMENT INTERVENTION RESOLUTION CENTER (C-CAIR)

3147 N. Millbrook, Fresno, CA 93703

Phone: 559-453-8918