UCSF Fresno Presents First Medical Update in the San Joaquin Valley

WHO: UCSF Fresno’s Department of Internal Medicine and Community Medical Centers

WHAT: The first “Medical Update in the Valley,” a continuing education program for physicians, nurse practitioners and others who provide primary care. About 80 health care professionals are expected to attend. Various health issues and best practices for treatment will be covered.

WHEN: Saturday, March 21 from 8 am to 6 pm and Sunday, March 22 from 8 am to noon

WHERE: UCSF Fresno Center for Medical Education and Research, 155 N. Fresno Street on the Community Regional Medical Center campus in downtown Fresno.

INTERVIEWS: Saturday, March 21 in between 10 and 10:30 am and 12:30 and 1:30 pm

- John Ambrose, MD, chief of cardiology at UCSF Fresno and course director of this continuing education program
- Ernestina Saxton, MD, a neurologist and clinical professor of medicine at UCSF Fresno

Health conditions that will be discussed include:

- Alzheimer’s disease
- Asthma and chronic obstructive pulmonary disease
- Knee, low back and shoulder pain
- Depression and anxiety
- Dermatologic signs of systemic disease
- Digestive diseases in women
- Chest Pain
- Community-acquired respiratory infections
- Congestive heart failure
- Electrocardiograms
- Gastro esophageal disease
- Headaches and migraines
- Hepatitis C and non-alcoholic steatohepatitis
- Lipid management
- Low-testosterone
- Renal dysfunction in the elderly
• Rheumatologic tests
• Sleep apnea
• Valley fever

For more information, please call (559) 459-6299 ext. 56299 or email vconingsby@fresno.ucsf.edu

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Established in 1975 and now celebrating its 40th anniversary, UCSF Fresno Medical Education Program plays a substantial role in providing healthcare services to residents of California's San Joaquin Valley and training medical professionals in the region. A clinical branch of UCSF, the medical education program has trained approximately one-third of Central San Joaquin Valley physicians. Annually, UCSF Fresno currently trains approximately 250 medical residents in eight specialties, approximately 50 fellows in 17 subspecialties and about 300 medical students on a rotating basis.

Faculty and medical residents at UCSF Fresno engage in a broad spectrum of research addressing health issues pertinent to the Valley. Faculty and residents also care for the overwhelming majority of the region’s underserved populations.

In addition, UCSF Fresno provides academic preparation programs for middle- and high school students interested in the health professions through the Junior Doctors Academy and the Doctors Academy. UCSF Fresno academically prepares students at Fresno State to become competitive applicants to health professional schools and ultimately aims to prepare them for careers in health and medicine. UCSF Fresno also is a key partner in the UC Merced San Joaquin Valley Program in Medical Education and the Reaching Out to Aspiring Doctors for the San Joaquin Valley pre-medical conference. Please visit www.fresno.ucsf.edu

UCSF is the nation's leading university exclusively focused on health. Now celebrating the 150th anniversary of its founding as a medical college, UCSF is dedicated to transforming health worldwide through advanced biomedical research, graduate-level education in the life sciences and health professions, and excellence in patient care. It includes top-ranked graduate schools of dentistry, medicine, nursing and pharmacy; a graduate division with world-renowned programs in the biological sciences, a preeminent biomedical research enterprise and top-tier hospitals, UCSF Medical Center and UCSF Benioff Children's Hospitals. Please visit www.ucsf.edu.

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