FOR IMMEDIATE RELEASE
Sept. 25, 2012

UCSF FRESNO OFFERS MINI-MEDICAL SCHOOL FOR THE PUBLIC
Classes will be held Monday evenings, starting Oct. 1

FRESNO – The public is invited to join leading experts in medicine and health sciences at Mini-Med School 101, presented by the Academic Senate at UCSF Fresno Medical Education and Research Program. Faculty physicians at UCSF Fresno will provide in-depth lectures on issues and advances in medicine and research pertinent to local residents and important to improving health care. All courses will be taught in understandable and engaging terms. No previous medical training is required.

Mini-Med School 101 will be held Monday evenings from 5:30 pm to 7:30 pm, from Oct 1 to Nov. 5. Each course will include two presentations, followed by a question-and-answer session. All lectures will be held in the auditorium at the UCSF Fresno Center for Medical Education and Research (155 N. Fresno Street) in Fresno. Free parking will be available in the UCSF Fresno parking lot, with access on Illinois Street.

Registration for the series is $10. Pre-registration is required. Registration fee waivers are available. Early registration is recommended. Seating is limited. Both students and adults are encouraged to attend.

The series includes the following presentations:

October 1
“Everyday Neurology”
Presented by Jeffrey Rosenfeld, PhD, MD
Overview of the basics of neurological assessment with emphasis on the common neurological syndromes and symptoms. Abnormalities of gait and muscle strength also will be discussed.

“My Head Still Hurts”
Presented by Ernestina Saxton, PhD, MD
Overview of the full range of types of headaches, the use of current diagnostic techniques and the range of available treatments.
October 8
“Genes Are Us: How Genetic Consultation and Testing Can Help You and Your Family”
Presented by Dawn DeLozier, PhD
Overview of the basic clinical and laboratory tools used in genetic medicine, using examples primarily drawn from cancer genetics.

“Stress, Hormones and Aging”
Presented by Beena Nair, MD
Covers the effects of reproductive hormones on mood and mental health issues across the life cycle of women (pregnancy, postpartum, and menopause), and the effects of stress on aging.

October 15,
“The Air We Breathe”
Presented by Jose Vempilly, MD
Overview of the challenges faced in the practice of pulmonary medicine in the Central Valley as it relates to air quality. Discussion will include research on adverse health effects resulting from air quality.

“Is My Heart Breaking?”
Presented by John Ambrose, MD
Overview of overt warning signs of cardiac disease in the general and aging population, explanation of routine cardiac screenings (e.g. EKG, ECHO, and Catheterization) and distinctions between gastrointestinal and cardiac symptoms will be covered.

October 22
“The Toxins We Live With”
Presented by Rais Vohra, MD
Overview of the overt and sometime occult toxic substances we live with on a daily basis. Emergency management of accidental overdoses and intentional ingestions also will be covered.

“Trauma”
James W. Davis, MD
To be announced

October 29
“The Incredible Journey of HIV”
Simon Paul, MD
How the virus was detected and where it came from, followed by the paths involved in developing treatment, prevention and a cure for HIV infection.

(More)
“Are We What We Eat?”
David Limsui, MD
The impact of dietary and lifestyle choices on gastrointestinal pathology will be discussed, as well as an overview of appropriate screening recommendations and the benefits of early detection and treatment.

November 5
“Hands-on Learning in the Simulation Lab”
Stacy Sawtelle, MD and Stuart Maxwell, MD
This lecture includes a simulation-laboratory demonstration with audience participation.

The series will conclude with a graduation ceremony for series participants.

For more information or to register, please call the UCSF Fresno Neurology office at (559) 459-6299 or email: vconingsby@fresno.ucsf.edu

The UCSF Fresno Medical Education Program, established in 1975, plays a substantial role in providing healthcare services to residents of California's San Joaquin Valley and training medical professionals in the region. The medical education program has trained approximately one-third of Central San Joaquin Valley physicians. Annually, UCSF Fresno currently trains approximately 245 medical residents in eight specialties, 45 fellows in 12 subspecialties and about 250 medical students on a rotating basis.

UCSF Fresno faculty and medical residents engage in a broad spectrum of research addressing health issues pertinent to the Valley. UCSF Fresno faculty and residents also care for the overwhelming majority of the region’s underserved populations. In addition, UCSF Fresno provides academic preparation programs for middle- and high school students interested in the health professions through the Doctors Academy and Junior Doctors Academy. UCSF Fresno is a key partner in the UC Merced San Joaquin Valley Program in Medical Education.

UCSF is a leading university dedicated to promoting health worldwide through advanced biomedical research, graduate-level education in the life sciences and health professions, and excellence in patient care. For further information, visit http://www.ucsf.edu

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