### Year 1
**Summer**
- Summer Transition Program
- University Study Trip
- Spanish 1

**Freshmen**
- Doctors Academy AVID 1P
- English 1P
- Biology P
- Integrated Math 1P
- Spanish 1P or Spanish 2P
- Physical Education
- Visual/Performing Arts

**Activities**
- Saturday Academy
- Health Professional Guest Speakers
- Medical and Health Related Readings
- University Study Trips

**Recommended College Tests**
- PSAT/PLAN

**Conferences/Workshops**
- Health Education and Leadership (HEaL) Conference
- College Application Workshops

**Volunteer Opportunities**
- Local Volunteer Opportunities
- Adventist Health Community Children’s Health Center, Reach-Out and Read Program, Book Drive
- Elementary and Middle School Presentations
- Health Fair
- Jackets for James Foundation

### Year 2
**Sophomores**
- World History
- Spanish

**Activities**
- Saturday Academy
- Health Professional Guest Speakers
- Medical and Health Related Readings
- University Study Trips

**Recommended College Tests**
- PSAT/PLAN

**Conferences/Workshops**
- Financial Aid/Scholarship Workshop
- Personal Statement Workshop
- Parent Empowerment Workshops
- Scholastic Achievement Test (SAT) Preparatory Workshops
- Scholarships

**Volunteer Opportunities**
- Local Volunteer Opportunities
- Adventist Health Community Volunteer Programs
- Local Hospitals
- Community Service
- Veteran’s Hospital

### Year 3
**Juniors**
- Economics

**Activities**
- Health Professional Guest Speakers
- Medical and Health Related Readings
- University Study Trips

**Recommended College Tests**
- PSAT/NMSQT
- ACT Test
- SAT I and II
- AP Exams (May)
- California Assessment of Student Performance and Progress (CAASPP)

**Conferences/Workshops**
- Health Career Workshops
- Parent Empowerment Workshops
- Health Education and Leadership (HEaL) Conference
- College Application Workshops

**Volunteer Opportunities**
- Local Volunteer Opportunities
- Adventist Health Community Volunteer Programs
- Local Hospitals
- Community Service
- Veteran’s Hospital

### Year 4
**Seniors**
- Senior Summer Shadows Internship Program (competitive opportunity)
- Or Economics

**Activities**
- Health Professional Guest Speakers
- Medical and Health Related Readings
- University Study Trips

**Recommended College Tests**
- SAT
- ACT
- AP Exams (May)

**Conferences/Workshops**
- Health Career Workshops
- Parent Empowerment Workshops
- Health Education and Leadership (HEaL) Conference
- College Application Workshops

**Volunteer Opportunities**
- Local Volunteer Opportunities
- Adventist Health Community Volunteer Programs
- Local Hospitals
- Community Service
- Veteran’s Hospital

### Year 5
**College Freshmen**

**Activities**
- Fall Semester class schedule
- Spring Semester class schedule
- Summer Semester class schedule
- Extra-curricular activities
- Pre-Med Support Programs (HCOE, EOP)
- DA Alumni networking
- K-12 Outreach

**Recommended College Tests**
- Placement Tests: Private college test may vary

**Conferences/Workshops**
- Pre-Med conferences
  - AMSA
  - SUMMA
  - UCSF Pharmacy Day
  - LMSA
  - UC Davis

**Volunteer Opportunities**
- Local Volunteer Opportunities
- Adventist Health Community Volunteer Programs
- Local Hospitals
- Community Service

---

(Services and activities are subject to change)

Parent/Student, please retain for your records

Revised 11/2019