2012 is here, and with the end of 2011 comes an exciting future for UCSF Fresno Family Medicine. We just recently completed interviews for the class of 2015! Special Thanks to Drs. Arlin Venturina and Alex Moir as well as Lois Ceja and all our residents for putting together a smooth process and making our future residents feel welcome. More than 700 applications this year, (the number keeps going up!) which bodes well for Family Medicine. Rank lists are in! Next step? Match Day where we anticipate picking up a great class.

Great seeing everyone and many former residents at the Annual UCSF Fresno FCM Christmas Party! Best wishes to everyone for a successful and prosperous new year.

We are making a concerted effort to develop an active alumni group that can meet at national meetings, stay in touch with us and each other to keep involved in program events and help us better prepare residents for the real world of family medicine. Any suggestions? Let us know!

Please e-mail Donna McBrien, Program Manager at dmcbrien@fresno.ucsf.edu to update your contact information and if you know the addresses of any other alumni please let us know so we can contact them as well.

Dr. Alex Sherriffs appointed to California Air Boards on November 2011 by Governor Edmund G. Brown Jr.

Alex Sherriffs (Class of 1981) is a family physician practicing in Fowler, Calif., since 1983. He and his family physician partner (and wife), Dr. Joan Rubinstein (Class of 1980), were affiliated with Adventist Health in 2003. Dr. Sherriffs is a Clinical Professor and member of the teaching faculty at UCSF Fresno. He is also Co-Director of the UCSF Fresno Alzheimer’s and Memory Center.

In a Fresno Bee article by Mark Grossi, Monday November 21, 2011 it was noted that Dr. Sherriffs was named to the governing board for both the San Joaquin Valley Air Pollution Control District and the California Air Resource Board by Governor Jerry Brown. On the Valley air district board, Sherriffs fills a seat dedicated to a health professional. On the state board, he will be the Valley air district's representative. There is no compensation for either position, state officials said. The announcement of Sherriffs’ appointments pleased environmental, health and community activists. "We commend the governor for an excellent choice," said Kevin Hall, executive director of the Central Valley Air Quality Coalition, representing more than 70 organizations. "With the appointment of Dr. Sherriffs, the governor has demonstrated real concern for the health of all Valley residents."

Dr. Sherriffs has served as Secretary-Treasurer of the California Academy of Family Physicians, Section Chair of the Annual Scientific Assembly of the California Medical Association and President of the Fresno-Madera Medical Society. As Chair of the Public Health Committee, he led the Fresno-Madera Medical Society’s development of collaboration with other Valley medical societies and organizations to focus on the health effects of air quality.

Program Director’s Corner:
Ivan Gomez, MD

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Dr. Alex Sherriffs
Martha Garcia, MD
Dr. Garcia is a graduate of University of California, San Francisco School of Medicine. Her residency training was in Santa Rosa at Sutter Medical Center. She obtained her BA degree in Biology from UC Santa Cruz. She worked at Sequoia Community Health Center and United Health Centers before joining UCSF Fresno as full time faculty. Dr. Garcia works primarily in Sanger.

Farhat Khan, MD
Dr. Khan received her doctorate of medicine from Khyber Medical College. She completed residency training in Obstetrics/Gynecology at Aga Khan University and worked in Pakistan and Malaysia before signing on for residency training in Family Medicine at UCSF Fresno (Class of 2011). Following graduation Dr. Khan joined the UCSF Fresno Family Medicine faculty, practicing primarily at Selma Hospital and Health Center. Dr. Khan enjoys spending time with friends and family, swimming, jogging, gardening and cooking.

George Neves, MD
Dr. Neves received his MD degree from UC San Francisco. He completed residency training at the University of Connecticut Saint Francis Hospital and Medical Center. Dr. Neves worked at two federally qualified health centers as well as a large health maintenance organization before joining the faculty. Dr. Neves enjoys soccer, tennis, reading, but mostly spending time with his wife Lila, and his three children Katherine, Harrison, and Oliver.

New Hospice and Palliative Medicine Faculty
Greg Copeland, DO
Dr. Copeland has a BS in Biology from the University of Missouri-Columbia. He received his DO degree from Kansas City University of Medicine and Biosciences and is a graduate of the Family Medicine Residency at the University of Kansas Medical Center in Kansas City. In addition to his work with the palliative care team at Community Regional Medical Center, Dr. Copeland works with the St. Agnes Hospice and Palliative Care teams, providing outpatient home visits and house calls, inpatient rounds and weekend call coverage. Dr. Copeland enjoys spending time with his wife and 4 children, and being involved in the many activities that come along with parenting. He is an active member of his local church in north Fresno. When he has some free time, he enjoys reading or an occasional jog. Golf and tennis are other hobbies, though he rarely has time for either one! Many years ago he spent a year living in Mexico and is known to speak conversational Spanish in the medical setting. His special medical interests include end of life care, geriatric medicine, and also sports medicine.

Genevieve Rohan, FNP-C
Genevieve Rohan received her BSN degree from California State University, Dominguez Hills, and her MS degree in Nursing from California State University Fresno. She has worked in a variety of settings, including Surgical Intensive Care, California Transplant Donor Network, HIV Special Services Clinic, Planned Parenthood and private practice. Her teaching experience includes classes concerning Grief Support and End of Life Issues. She enjoys living in the foothills with her husband Rick. She practices and teaches yoga, enjoys cross-country skiing, hiking, gardening and walking.

Congratulations to Dr. Chavez-Johnson
The Association of Family Medicine Residency Directors (AFMRD) awarded Chrissy Chavez-Johnson a $1,500 scholarship to attend the 2012 Family Medicine Congressional Conference (FMCC) on May 14-15, 2012 in Washington, D.C. She was selected as one of ten residents to receive a scholarship to attend the 2012 FMCC. They said of Chrissy “We received and reviewed many outstanding applications from residents all over the country and you stood out as an excellent candidate.” Congratulations!
8th Annual Family Medicine Colloquium on March 23

The 8th Annual Family & Community Medicine Colloquium Dedicated to Jonathan (Jack) Rodnick, MD will be held on March 23rd, 2012 from 11:00 am to 6:00 pm at UCSF, Laurel Heights Campus. Four abstracts have been submitted by our faculty and residents.

What is a research colloquium? An academic meeting or seminar usually led by a different lecturer and on a different topic at each meeting at which the results of (scientific) research are reported. The 8th Annual FCM Colloquium provides:

- A forum to showcase innovative work of department members and medical students in the areas of clinical care, community engagement, education, and research;
- Enhance networking and collaboration within our department; and
- Foster mentoring opportunities for medical students interested in Family Medicine.

STFM Conference

On April 25th – April 29th the Society of Teachers of Family Medicine (STFM) conference will take place in Seattle, Washington. The Annual Spring Conference offers presentations focusing on best practices, new teaching technologies, emerging research, and public policy issues. This meeting is the most energized networking forum for family medicine educators, with attendance of more than 1,000. Participants will take away valuable solutions they can implement immediately at their institution/program. Adriana Padilla MD, Lydia Herrera-Mata MD, Susan Hughes MS, Rebeca Lopez MPH, Ivan Gomez, MD and Kao Vang MD plan to participate.

Just Out: Scholarly activity curriculum revision

The curriculum committee just approved a change in the scholarly activity curriculum. The change was made in response to the new requirement that residents scheduled to graduate in June sit for their board exam in April. We decided to move the project completion requirements farther away so there would be no competition between study time and project duties. As a result, after this academic year the Expo will be held in December.


Susan Hughes, MS makes her debut in the 8th edition of the book. Congratulations to Susan for being recognized for her hard work! Who’s Who in Medicine is a book that contains the biographies of 27,150 successful medical professionals, administrators, educators, researchers, clinicians, and industry leaders from across the diverse fields of medicine and healthcare.”

Wilderness Medicine

Dr. Roger Mortimer wrote “Caving and Cave Rescue,” Chapter 46 in the fifth edition of “Wilderness Medicine” by Paul S. Auerbach.
Dr. Lydia Herrera-Mata will be traveling in March to attend the UCSF FCM 3 day writing for medical journals workshop at Green Gulch Farm Zen Center near Muir Beach, also known as Green Dragon Temple (Soryu-ji). Green Gulch is a Buddhist practice center in the Japanese Soto Zen tradition offering training in Zen meditation. The effort at Green Gulch is to awaken in attendees the bodhisattva spirit, the spirit of kindness and realistic helpfulness. We are excited to see what comes out of this writing seminar.

The workshop, held each year, emphasizes individual writing time and one-on-one feedback from a faculty tutor. This could be an article for publication, a description of a curriculum, an essay, a policy piece, or a grant application. In addition to time for individual writing and feedback, a few large group sessions are held on various aspects of the writing process (identifying medical journal formats, writing clearly, demystifying publishing) as well as optional small group sessions (overcoming writer’s block).

Green Gulch Farm has a conference center, a meditation building, an organic garden, a guest house for overnight guests, and a network of paths for walking to the beach or in the hills. The peaceful atmosphere of Green Gulch allows participants to immerse themselves in their writing without distractions (cell phones do not work although there is wireless internet connection). For additional information, please contact Jessica Muller, PhD at mullerj@fcm.ucsf.edu

The ABFM MC-FP examination is moving to April in 2012

Beginning in 2012, the ABFM MC-FP examination will be held in April instead of July. Residents who are in good standing and expected to complete training on or about June 30, 2012 are eligible to take the April 2012 examination

Certification will be awarded when the following criteria are met:

1. Successful performance on the ABFM MC-FP Examination
2. The Program Director verifies that the resident has successfully met all of the ACGME program requirements
3. The candidate obtains a currently valid, full, and unrestricted license to practice medicine in the US or Canada

The dates for the April 2012 MC-FP Examination are:
April 6, 7, 9, 10, 11, 12, 13, 16, 17, 18, 19, 21

The MC-FP Examination will also be offered in November for those residents in good standing who are off-cycle and are expected to complete training on or about December 31, 2012.

The dates for the November 2012 MC-FP Examination are:
November 7, 8, 9, 10
Happy 2012 everyone! I can’t believe the New Year is here already. Just right around the corner we will be electing new chief residents, to whom I can pass on my wisdom and insight. Also match day is quickly approaching and we will soon find out who the class of 2015 will be. I would like to congratulate Mario and Adriana Martinez on the birth of their daughter, Alana Lillian Martinez.

Thanks,
Dr. Sarojini Schorling

Layla Naeni was born on Dec 30th at Clovis Community at 2:42pm weighing 4lbs 8 oz. Her brother Ryan Naeni was born Dec 30th at 2:44pm weighing 6lbs 14oz. Both the twins and mom are doing well. Congratulations to Ila (our former chief class of 2010) and her husband, Pedram Naeni, on the birth of their beautiful children.

Alana Lillian Martinez: born at Clovis Community Hospital on 12/19/12 at 4:26 am. She weighed 5lbs, 8oz. Adriana was in labor 23 hours but the last 4 hours, she didn’t feel a thing. The baby practically flew out and the OB doctor wasn’t even in the room when she came out. There was an inexperienced intern in the room whose eyes were wide, mouth completely dropped, frozen but able to help out. Adriana and Alana are both doing really well and daddy is working hard to keep them all happy! All the best to Mario Martinez (Class of 2014) and his wife Adriana.
Breast Cancer Run:
13th Annual Susan Komen Central Valley Race for the Cure

Blue Footed Boobies – Why blue footed...because they all wore shoe covers that they use in surgery at the hospital, and boobies, well that is self explanatory! The ladies from Family Medicine put together a team this year to raise money and awareness of Breast Cancer. The team enjoyed a day of walking in support of a great event. Komen’s Promise: To save lives and end breast cancer forever by empowering people, ensuring quality of care for all and energizing science to find the cures. We all know someone who has been touched by cancer...our mothers, sisters, daughters and friends. One in eight women will be diagnosed with breast cancer in their lifetime. The most significant risk factors for developing breast cancer are being female and growing older.

The Komen Race for the Cure provides a way that we can show our loved ones who are going through this difficult journey that they are not running on our own. We are running with them. The Race raises needed funds to help meet the needs of women in our community for more breast health education, screenings, treatments and support. Women should know their risk and listen to their body and receive exams with their physician. When breast cancer is found confined to the breast, 5-year survival rate is 98 percent. Seventy-five percent of the money raised stays in Fresno County to meet local needs here for breast cancer education, screening, treatment and supportive services. The other twenty-five percent is used for Komen National Research and Awards Program.

Race Details- This was the 13th annual Komen Central Valley Race for the Cure on Saturday, October 29th at Fresno State. The ladies participated in the 5k and 1 mile co-ed walks at 10:30 a.m. Nancy Hinds of Nancy Hinds Hospice was named as Honorary Race Chair. Komen Central Valley Race in Fresno has raised over $2.3 million in the past 12 years to support local women in their fight against breast cancer and help find a cure. All of the advocates who have made this possible deserve a big thank you and we hope you will continue your support. Nearly $600,000 has been invested in breast cancer research.
THE SCOPE

Community and Staff Events

UCSF Fresno Family Medicine Holiday Party 2011

Saturday, December 10th Family Medicine hosted its annual holiday party at UCSF Fresno. The room took on a festive atmosphere with hundreds of helium balloons and a Christmas tree decorated by staff. Delicious appetizers and an amazing international dinner were provided by Love and Garlic of Fresno. The kids were treated to pizza, face painting, a bounce house, movies with popcorn, and writing letters to Santa Claus. Betty Jarman and her helpers Rachel Engle and Andy Alba assisted her with fun games including design your own reindeer, word search, and other challenging games. Dr. Jarman also made her traditional pomegranate martinis and this year hot spiced apple cider was a hit. The evening went even more upbeat when the DJ began to play tunes that got everyone up and moving. Residents, faculty, staff, and guests danced the night away.

This year’s projects for supporting our community included food and non perishable items collected at the party for Community Food Bank, coats for kids at the local Boys and Girls Club, and a resident initiated project of homeless survival kits for the Poverello House in Fresno. Ingredients for the homeless kits included all kinds of toiletries plus warm socks and gloves. Residents later sorted through everything and prepared over 60 complete kits in 1 gallon Ziploc bags. Two humongous boxes were collected of both food and children’s coats. This year’s event was truly great fun and amazing giving!
FAMILY MEDICINE EVENTS

SAVE THE DATE

UCSF FCM JACK RODNICK MEMORIAL COLLOQUIUM – March 23, 2012
8th Annual Family & Community Medicine Colloquium dedicated to Jonathan (Jack) Rodnick, MD at UCSF, Laurel Heights Campus, San Francisco, California.

ABFM MC-FP board examinations - April 6, 7, 9, 10-13, 16-19 and 21, 2012

SOCIETY OF TEACHERS OF FAMILY MEDICINE (STFM) CONFERENCE – April 25-29, 2012
Seattle, Washington

UCSF FRESNO FCM EXPO – Thursday May 24, 2012
The UCSF Fresno Family & Community Medicine 2012 Expo will take place from 2 – 4 p.m. at UCSF Fresno Center for Medical Education and Research, Room # 136.