Greetings from UCSF Fresno Family Medicine!

The 2011-2012 year is off to a great running start! We’ve got a brand new set of fantastic people who have started for the class of 2014 with lots of fresh ideas and challenges in the new roles that a new academic year brings. UCSF Fresno Family Medicine doctors are meeting the challenge and gearing up to provide the best care to the rural and underserved populations in the Central Valley.

The 2011 Graduation was a great success, special thanks to Drs. Brent Smith and Amar Siddique for providing great teaching to UCSF Fresno Family Medicine Residents and attending our graduation party to be recognized this year. In our 2011 class, 10 of our 11 grads will be staying to practice in our community!

We are making a concerted effort to develop an active alumni group that can meet at national meetings, stay in touch with us and each other to keep involved in program events and help us better prepare residents for the real world of family medicine. Any suggestions? Let us know!

Please e-mail Donna McBrien, Program Manager at dmcbrien@fresno.ucsf.edu to update your contact information and if you know the addresses of any other alumni please let us know so we can contact them as well.

UCSF Fresno Family Medicine Awarded Song-Brown Funding

Program Director Ivan Gomez was recently notified that UCSF Fresno Family Medicine will receive $154,000 in Song-Brown funding. The award was announced at the California Healthcare Workforce Policy Commission (CHWPC) meeting in Sacramento on August 4, 2011.

The Song-Brown Health Care Workforce Training Act (Song-Brown Program) was established in 1973 to increase the number of health professional training slots in established medical schools. The program encourages universities and primary care health professionals to provide healthcare in medically underserved areas, and provides financial support to family medicine residency, nurse practitioner, physician assistant, and registered nurse (RN) education programs throughout California.

The health care needs of the community are integral to the mission of this Family Medicine Residency Program. The program is dedicated to, and has been successful in training residents to work effectively with multicultural, diverse populations in rural and underserved settings, as evidenced by this award.

Since our inception UCSF Fresno has graduated 328 family physicians. Practice locations have been identified for 98%. Of those, 82% are in California, 48% are in the San Joaquin Valley and 39% are practicing in Fresno County. Of those physicians practicing in California, 75 (28%) are in rural areas. One hundred one (38%) are in urban underserved areas of California and 62 (23%) are practicing in rural underserved areas.

Accredited training programs must submit applications on a periodic basis to continue to receive program funding. At present, 27 California family practice residency programs and 14 physician assistant/family nurse practitioner programs receive on-going support from the Song-Brown program.

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The Scope is published by the UCSF Fresno Family and Community Medicine Residency Department. Any inquiries or comments about content should be directed to Andy Alba at aalba@fresno.ucsf.edu

University of California San Francisco
School of Medicine
Fresno Medical Education Program
Goodbye From Sarath Suon

Dear Friends,

I am writing to let you know that I have recently been offered and accepted a new position as Summer Program Coordinator with the Mission Learning Center (MLC). This organization is in San Francisco, CA, which means I will be moving there very soon! My last day at UCSF Fresno will be June 13th and my new job at MLC will begin on June 15th. I am very excited to join the staff of this great non-profit organization that works to improve literacy skills for underprivileged youths in grades 1-8. This is a full-time summer position (June 15 - July 30), with high possibility of leading up to a regular, full-time position (in mid-August). Of course, my plan is to stay in SF for as long as I can :)

Please keep in touch. Thank you all for your love, support and motivation.

—Sarath

WELCOME GRETCHE N STRAKER!

Gretchen Straker is our new Scheduling Coordinator. Gretchen comes to us from Information Technology Services here at UCSF Fresno. Gretchen was a Computing Resource Specialist where she provided full computer support, database and web design, guidance on computer hardware and software selection and training courses for popular software. Now, she is responsible for building and maintaining clinic schedules for CMC Family Health Center, Clinica Sierra Vista (CSV) Health Center and Adventist Health Community Care Selma. Gretchen will track where faculty and residents are including: vacation, post call, in clinic or on an elective rotation. We are fortunate to have Gretchen full time with Family Medicine and her multiple highly sought out skills of I.T.

2011 Family Medicine New Intern Welcome Party

The new intern welcome party took place on Sunday July 10th at Amanda and Roger Mortimer’s home. The new interns and residents brought their families for fun in the sun with swimming, drinks, delicious food, baked goods, and Argentinean barbeque from our Program Director Dr. Ivan Gomez and his sous chef Dr. Raul Ayala. The food was outstanding and no one left hungry or without a beach ball!
The 2011 Family and Community Medicine Research Expo

The UCSF Fresno Family & Community Medicine 2011 Expo took place on Thursday May 26, 2011. Many great posters were displayed and discussed by the residents and faculty. One poster was judged the Davin Young-Clarke scholarly activity award as determined by our outside judge Dr. Kathleen Dyer. The winning poster was titled, Endoscopic clips versus combination therapy with injection and thermo coagulation in treatment of non-variceal upper GI bleeding. Roshanak Bahremand MD, Neelu Mehra MD

OSCE (Objective Structured Clinical Exercise)

July 14th 2011 marked the 3rd objective structured clinical exercise (OSCE) in the history of our FCM residency program. The OSCE took place in the Clinical Skills Lab, where residents saw 2 standardized patients each and received feedback on the encounters from a faculty observer. This OSCE was unique for several reasons: 1) every resident had a patient that required using an interpreter (for which they received feedback on interpreter use), 2) the focus was on interpersonal skills, there was no physical exam, 3) it was an opportunity for feedback, not an evaluation, and 4) it was the first time all 6 standardized patients were recruited and trained by FM faculty (including the bilingual Spanish and bilingual Hmong actors). It was a successful exercise and one that we plan to continue to build on and improve. Thank you to the 29 residents and 8 faculty who participated. Please direct any questions or comments to Rebeca Lopez: rlopez@fresno.ucsf.edu.
This year’s Family Medicine graduation ceremony took place at the Clovis Veterans Memorial building. This location was excellent as it offered a large space with room to move, a large dance floor, and a fantastic bar. Classic Catering provided delicious entrees and great service the whole night. The ceremony included special awards from FM Faculty to residents. Several awards given included: Outstanding Resident of the Year, Ronald Dominguez, MD, Resident Teacher of the Year, Sudhakar Nadipally, MD, Behavioral Science Award, Xin Ling Lao, MD, Davin Youngclarke Scholarly Activity Award, Roshanak Bahremand, MD, and two awards for outstanding Faculty, Amar Siddique, MD and Brent Smith, MD. Dr. Betty Jarman also gave special awards ingeniously designed to fit each graduate’s personality. Dr. Gomez gave a special thank you gift of an iMac Book to the two chiefs, Ignacio Guzman and Ron Dominguez. A big thank you goes out to the Garcia Family Vineyard from Oakdale, CA with Most Wanted Wines who donated a case of their Gold Award winning wine. Several faculty are now big fans! Special thanks goes out to Susan Jensen for planning, implementing, and arranging such a great event. Also, to Lois Ceja and Dr. Christina Weaver’s family for setting up and decorating such a gorgeous room, and to Rachel Engle for setting up a great bar and keeping everyone’s SPIRITS up the entire night!
Message from the Chiefs

Congratulations to the class of 2011! You did it! Good luck to all of you in your many endeavors as new family physicians. Thank you for your hard work, enthusiasm, and dedication. You will all be missed. We also have 11 great new interns that have started just a few weeks ago. I would like to wish the interns good luck and I’m excited to work with each one of them. The new duty hours have been implemented and the year so far is running smoothly. We would also like to welcome baby girl Arusha into our family and congratulate Dr. Ashkan Imanzahrai and his wife. We are still eagerly awaiting the birth of baby boy Torio and are in anticipation of my wedding, which is just around the corner!

—Sarojini Tirunagaru, MD

Family Medicine Game Day

FM Game Day at Fresno Grizzlies

A hot day in the Central Valley and Grizzlies baseball; what more could you ask for...well a win I guess. The staff, faculty, residents, and their families had a great time at Chukchansi Park Downtown Fresno on July 22nd. It was a great game followed by a nice firework display on the hot July evening. The Grizzlies lost but Family Medicine was the big winner that evening sharing in the fun.
**Oscar Hernandez, MD** received his medical degree from the Universidad Autonoma de Sinaloa in Mexico. Having to deal with his sister’s illness during his own childhood had tremendous impact on his decision to pursue a career as a physician. During his social service year while at St. Ignacio, Dr. Hernandez was in charge of a state government program for women, the elderly and children in an underserved area. His goal is to become a family medicine physician in an area where he can serve the underserved. Dr. Hernandez is fluent in Spanish. His hobbies include basketball, going to the movies and cooking seafood dishes.

**Shruti Joseph, MD** received her medical degree from Ross University School of Medicine. Through the AMSA student health fair she had the opportunity to provide clinical services to the local impoverished community. Dr. Joseph believes that we can accomplish a great deal in preventative medicine by educating our patients. Dr. Joseph hobbies and interests include camping, traveling, cooking, as well as Tae Kwon Do where she holds a first degree black belt.

**Mario Martinez, MD** received his medical degree from the University of Illinois, College of Medicine. He co-founded a community service organization HEARTS (Health Education and Awareness Resource Teams). Dr. Martinez was awarded with the National Jefferson Award for Public Service in 2010. Dr. Martinez enjoys Salsa/Hip-Hop Dancing, running, basketball, weight-lifting and traveling.

**Logan McGhan, MD** received his medical degree from the Universidad Autonoma de Guadalajara. Dr. McGhan has traveled extensively and volunteered throughout Central America and Mexico. He believes these experiences have provided him a firm foundation for his residency and future in Family Medicine. Dr. McGhan is fluent in Spanish. He thoroughly enjoys fly fishing, photography, backpacking and yoga.

**Mary McLain, MD** received her medical degree from George Washington University School of Medicine. Dr. McLain has a genuine passion for the outdoors and has participated in search and rescue. She belongs to the Wilderness Medical Society. In time of leisure, Dr. McLain truly enjoys participating in any outdoor activity, mentoring women, as well as reading.

**Michael Moua, MD** received his medical degree from Saba University in the Netherlands. Dr. Moua is fluent in Hmong and has worked with the Hmong Missionary Alliance in Stockton, California. He also volunteered with local food banks which helped him to realize the importance of promoting healthy lifestyle choices. Dr. Moua plans to, some day return to his home country and open a clinic, as well as practice in the United States. He enjoys sports, hiking, camping and bicycling with his family.

**Michael Moya, MD** received his medical degree from Ross University. Dr. Moya was raised in Fresno and worked at the University Medical Center throughout his college years. Dr. Moya first became interested in Family Medicine while doing a rotation here at UCSF Fresno. After graduating from Medical School, Dr. Moya worked as a junior faculty member at Ross University. Dr. Moya likes competitive tennis, Tae Kwon Do and traveling.
### MEET UCSF FRESNO FAMILY MEDICINE CLASS OF 2014

**Subathra Murugaiah, MD** received her medical degree from Stanley Medical College in India. She maintains a particular special interest in women’s health. Her future plans include practicing family medicine in a rural underserved area. She speaks Tamil, Hindi and some Spanish. Dr. Murugaiah’s hobbies include yoga, hiking and knitting.

**Christopher Nerantzinis, MD** received his medical degree from SUNY. At an early age Dr. Nerantzinis knew he wanted to become a physician, and after completing his clinical clerkships he realized that Family Medicine would be his choice. Growing up in the Bronx has provided him an opportunity to interact with people from various stations of life. Dr. Nerantzinis’ hobbies include dining out, sci-fi films and computer software.

**Muhammad Riaz, MD** received his medical degree from King Edward Medical College in Pakistan. While in medical school Dr. Riaz volunteered at free medical clinics which were situated in rural areas of Pakistan. Dr. Riaz is currently working toward a master’s degree in clinical research. He is fluent in Urdu, Punjabi and Hindi and has taken a Spanish class for health professionals. His passion is performing charity work for those in need.

**Melinda Trevino, MD** received her medical degree from the Univerisdad Autonoma de Guadalajara. Dr. Trevino was born and raised in Fresno. She feels that her grandfather was of great influence in her career choice in that he consistently stressed to her the importance of ambition and perseverance. She is fluent in Spanish. Dr. Trevino spends her leisure time enjoying softball, volleyball and cooking.

### WELCOME ARUSHA AND THEODORE!

**New Parents – Ashkan and Farahnaz Imanzahrai**

Arusha was born on June 25th 2011 at Clovis Community Hospital, in Clovis, CA. She was 20.5 inches long and weighed in at 6lbs, 13 ounces. Arusha went home the next day to a happy and excited home! Congrats to the Imanzahrai family!!!

**Congrats to Vivian Torio on the birth of her beautiful baby boy**

Mom and baby are doing great one week after giving birth! We are excited to meet Theodore Ethan Torio Jr., who was born on August 29, 2011, 5:46pm, at Clovis Community Hospital, weighing 6lb 5oz, and measuring 19.25 inches long.
SAVE THE DATE

- FCM Resident’s Retreat – Friday, Saturday, Sunday, September 23, 24 & 25 at Tenaya Lodge
- Hepatitis C Training Workshop – West Fresno Regional Center, Friday September 30th, 2011
- The Art and Science of Happiness: Heart Matters; a workshop, October 6, 2011, 12:30pm (Lunch provided)
- In Service Exam, Friday, November 4, 2011

Where are they now?
2011 Family Medicine Graduates...

Roshanak Bahremand – Health Care Partners Medical Group – Arcadia, CA
Ron Dominguez – Valley Health Team – Kerman, CA
Ignacio Guzman – Bautista Medical Group – Fresno, CA
Farhat Khan – Family & Community Medicine - Selma, CA
Chunxia (Tracy) Li – Kaiser - Fresno, CA
Wenjing (Wendy) Liu – Clinica Sierra Vista – Fresno, CA
Sudhakar Nadipally - Clinica Sierra Vista – Fresno, CA
Poulet Nikolay – Kaiser – Fresno, CA
Alberto Ruvalcaba – Bautista Medical Group – Fresno, CA
Christina Weaver – Clinica Sierra Vista – Fresno, CA
Xin Ling Lao – Residency Completed in Sept. 2011