Greetings from UCSF Fresno Family Medicine!

A new academic year is upon us, and we are excited about the new opportunities upcoming and available to our program. New collaborations with our UCSF Fresno partners in Pediatrics and OB/GYN as well as our community physician partners have opened up additional training opportunities for residents. We recently had our site visit in March, and should be hearing about our accreditation status in September. A special shout out and thank you to all our key partners including Community Medical Centers, Adventist Health, and Clinica Sierra Vista. We could not have been as prepared without your support!

We matched 11 applicants into the 2010-2011 PG1 year. See inside for details on our new interns.

We are on FaceBook! Check us out online. UCSF Fresno Family & Community Medicine

We are making a concerted effort to develop an active alumni group that can meet at national meetings, stay in touch with us and each other to keep involved in program events and help us better prepare residents for the real world of family medicine. Any suggestions? Let us know!

Please e-mail Lois Ceja at lceja@fresno.ucsf.edu to update your contact information and if you know the addresses of any other alumni please let us know so we can contact them as well.

A NEW CLINIC: THE OPENING OF THE DERAN KOLIGIAN AMBULATORY CARE CENTER

The new Deran Koligian Ambulatory Care Center is open! Much larger than our previous clinic at UMC, the clinic boasts 17 patient care rooms and a large resident work area with computers and technology throughout. The implementation of an electronic medical record is in process right now, truly a giant leap in the direction of the patient-centered medical home and a welcome change of venue for residents and patients alike. The new clinic is at 290 East Wayte on the Community Regional Medical Center campus.

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A NEW CLINIC: THE OPENING OF THE DERAN KOLIGIAN AMBULATORY CARE CENTER

The new Deran Koligian Ambulatory Care Center (ACC) officially opened on March 11, 2010. The kick off to the clinic included a whole day open house of the new ACC. Formal ceremonies included short speeches by the Koligan Family, Ambulatory Care
THE SCOPE

AWARDS

Victor Silva MD, PGY-2 in Family and Community Medicine has been chosen to participate in the National Hispanic Medical Association resident leadership program. In the Leadership program, talented Hispanic physicians receive support to enhance their leadership capability, increase understanding of current key national/state health policy issues, develop innovative perspectives on solutions to critical issues in current public services affecting Hispanic populations, and to develop and present a proposal for policy action to improve health care in the Hispanic community. In addition, the program will provide residents the opportunity to develop a unique network with national and state experts in health policy and public service careers and with academic leaders, communicate with colleagues across the nation via Internet, and to participate in the development of future NHMA initiatives in health policy.

CMC FAMILY HEALTH CENTER

The Community Medical Center (CMC) Family Health Center is located one block north of Community Regional Medical Center and the UCSF Fresno Center. CMC residents have the opportunity to care for complex patients from exceptionally diverse cultural backgrounds. This includes Hispanic and Southeast Asian ethnic groups, as well as African-Americans, Native Americans, and others. Fluency in Spanish or Southeast Asian languages is an asset.

CMC residents value the ease of consulting with specialists in other disciplines and the many opportunities for interdisciplinary co-management of patients. In many ways, being a resident in the urban track is like joining a multi-specialty group which cares for patients with a wide spectrum of clinical pathology. Urban track residents at CMC have easy access to rotations and lectures because most take place at CMC or the neighboring UCSF Fresno Center.

Family medicine faculty based at CMC are quite experienced and have particular skills in inpatient care, AIDS management, evidence based approaches, and research methodology. Volunteer faculty from the community regularly precept residents and medical students at the CMC Family Health Center. Many of these preceptors are graduates of the UCSF Fresno Family Medicine Program. They are eager to share information with residents about the many exciting practice options available to family physicians after graduation.
ALSO CONFERENCE

Hosted by UCSF Fresno Family and Community Medicine Department

The Family Medicine Program’s Advanced Life Support in Obstetrics (ALSO) course took place at UCSF Fresno on May 13 and May 14. ALSO is a comprehensive course in management of the intrapartum obstetric patient. The course has a special focus on management of complications and birth crises. Developed by AAFP (American Academy of Family Physicians) several years ago.

ALSO is a fast-paced interactive course that stresses hands-on workshops and provides evidence-based management recommendations.

This year’s course was given to 26 lucky participants. The two day course also provided an optional laceration repair workshop that 17 attendees completed. ALSO is truly an excellent educational opportunity and all family medicine residents are required to attend prior to starting their second year of residency training. The list of faculty who worked on this ALSO course included: Thomas Lauck, MD; Alex Moir, MD; Jennifer Burnett, MD; Gurdaver Dhaliwai, MD; Pamela Emeney, MD; Lydia Herrera-Mata, MD; Ivan Gomez, MD; Ye Min, MD; Michael O’Shaughnessy, MD; Brent Smith, MD; Jennifer Vradenburg, MD and Jennifer Wu, MD. Several staff also helped to make this year’s training excellent!

UCSF JACK RODNICK MEMORIAL COLLOQUIUM

What is a research colloquium? An academic meeting or seminar usually led by a different lecturer and on a different topic at each meeting at which the results of (scientific) research are reported.

May 13, 2010 from 11:30 AM to 5:30 PM the UCSF Department of Family and Community Medicine 6th held their Annual Colloquium. The 6th Annual FCM Colloquium is designed to:

• Showcase innovative work of department members and medical students in the areas of clinical care, community engagement, education, and research;
• Enhance networking and collaboration within our department; and
• Foster mentoring opportunities for medical students interested in Family Medicine.

Faculty who presented at the Rodnick Colloquium included:

Lydia Herrera-Mata, MD, MS - “Developmental Screening Using Ages and Stages Questionnaire in the Typical Primary Care Setting: Fresno Area Community Clinics Experience”
Rebeca Lopez, MPH - “Including Interpreters in OSCE Evaluation of Residents’ Cultural Competencies with Complex Psychosocial Issues”

Residents Posters included:

Jyayaram Hariharan, MD - “Description of Diabetic Patients by Nephropathy Status” co-authored by Susan Hughes
Rinku Shrivastava, MD - “Evaluating the Number of Office Visits with HbA1c Levels between Hispanic and non-Hispanic patients” co-authored by Susan Hughes
Tewodros Kidane, MD - “Is There Differential Survival by Race or Sex in HIV-related Cryptococcal Meningitis?” co-authored by Susan Hughes.
UCSF Fresno Family Medicine Wins! Last academic year residents Ila Naeni (PGY3), Geeta Ramesh (PGY3) and Nidia Payan (PGY1) won the "CAFP (California Academy of Family Physicians) Battle of the Residents competition at the 62nd Annual Scientific Assembly in San Francisco on Saturday, May 15th. Battle of the Residents is an annual game show-style event where teams of California residents come together to showcase their knowledge and battle for the title of residency champions. Past winners include Long Beach Memorial, Riverside and Santa Rosa Family Medicine Residency Programs. This year the UCSF Fresno group dominated the competition and took home the title!

**FELLOWSHIPS**

**Thuy Nguyen**

Dr. Thuy Nguyen has been accepted into the San Diego Hospice and the Institute for Palliative Medicine Fellowship at Scripps Mercy Hospital. Congratulations to Dr. Nguyen on his fellowship!

**Jay Hariharan**

Dr. Jayaram Hariharan has been accepted into the Spokane Sports Medicine Fellowship at Sacred Heart and Deaconess Hospitals at the University of Washington, Department of Family Medicine. Congratulations to Dr. Hariharan on his fellowship!
New Chief Residents

It's an honor to be one of the chief residents for this academic year. Our program is as strong as ever, as evidenced by filling all of our residency positions in the NRMP. I'm looking forward to working with each and every resident to make the upcoming academic year a success.

—Ron Dominguez, MD

It is an honor to represent my colleagues as Co-Chief Resident. Although residency is extremely challenging, I will make it a priority to make the experience as fun as possible!

—Ignacio Guzman, MD

Drs. Geeta Ramesh and Ila Naeni

We are happy to announce the weekly Family Medicine Grand Rounds. It has served to be a great new learning tool for the residents and a chance for the department to come together to discuss case presentations.

Time flies, it seems like yesterday but it has been three years since we started our residency here at UCSF Fresno. As we prepare for the next adventure in our careers we can look back with pride on the valuable knowledge and experience we have gained here. We wish Drs. Ron Dominguez and Ignacio Guzman luck in their new role as chief residents and all residents luck in their future endeavors.

—Dr. Naeni and Dr. Ramesh
Chief residents 2009-2010
Dr. Raul Ayala received a bachelor’s degree in Science in Biology/Chemistry from the University of Texas San Antonio, attended the Universidad de Monterrey in Mexico for Medical Education, and finished the Fifth Pathway Program at New York Medical College. Dr. Ayala’s numerous experiences in life and in medicine has led him to confirm that Family Medicine and Primary Care is the foundation to our health. He hopes to one day serve a community in need. Other interests include spending time with family, running, reading and BBQ’s.

Dr. Danielle Basurco received her medical degree from Ross University. She received her bachelor’s degree in Psychology, from USC. Dr. Basurco’s idea of a physician had always been of someone who took care of patients of all ages; Family Medicine was a natural choice. She enjoys dancing and spending time with family and friends. Her other hobbies include, writing, photography and drawing.

Dr. Faiqa Chaudhry was born and raised in Pakistan. She graduated from Allama Iqbal Medical College, Lahore. Dr. Chaudhry choose UCSF Fresno because it provides a unique combination of both urban and rural medicine. Dr. Chaudhry is fluent in Urdu, Hindi, Punjabi and also looking forward to learn Spanish. Her hobbies are travelling, hiking, photography, watching movies, listening to music, and spending time with friends and family.

Dr. Christina Chavez received her medical degree from the University of Illinois at Chicago. Dr. Chavez has always felt the desire to help the poor in other countries, in 2009 she traveled to Haiti to help with relief efforts after the massive earthquake. Dr. Chavez believes as a family doctor she will be able to continue her efforts in working with the poor both at home and in other countries. Dr. Chavez enjoys playing soccer, running, and spending time with family and friends.

Dr. Amanpal Gill received his medical degree from St. George’s University. He graduated from Western Washington University with a Bachelor of Science in Biology. Dr. Gill chose the field of medicine after his trip to Nicaragua and Costa Rica where he was part of a small medical team providing care to some of the poorest people in Central America. Dr. Gill hopes to combine his passion for primary care with his interest for sports medicine. He is fluent in Punjabi, Hindi and is learning Spanish. Dr. Gill enjoys hockey, football, weight-training, traveling and spending time with family and friends.

Dr. Thandar Lwin (MD, MPH, PhD) is a graduate of the Institute of Medicine, Myanmar. She received her MPH (Master Degree in Public Health) and PhD (Epidemiology) from UCLA. She has worked as an attending physician at a district hospital working with underserved communities. Dr. Lwin has run her own family clinic, carried out research projects in infectious diseases, published research papers, and was honored “best research papers” at the Health Research Congress, Myanmar. Dr. Lwin is fluent in Burmese. She enjoys traveling, shopping, cooking, and spending time with family and friends.

Dr. Luis Martinez is a graduate of Temple University School of Medicine. He received his Bachelors of Science degree from UCLA in Molecular, Cell and Development Biology. He grew up in a rural town south of Monterey Bay where he developed his passion for Family Medicine. In his spare time he enjoys running, hiking, photography, music.
THE SCOPE

MEET OUR NEW UCSF FRESNO 2010 FAMILY MEDICINE INTERNS!

Dr. Shazia Mughal received her medical degree from Fatima Jinnah Medical College, Pakistan. She grew up in a small town where shortage of doctors and suffering of people inspired her to become a physician. After finishing her internship in internal medicine and Ob/Gyn, she practiced as a general practitioner before moving to USA. Dr Mughal believes in providing compassionate patient care with the focus on disease prevention. She enjoys spending time with her family and loves cooking, painting, and outdoor activities. Dr Mughal is fluent in Urdu, Punjabi, Hindi, and working on her Spanish skills.

Dr. Maria A Spizzirri attended medical school at Universidade Federal do Rio do Sul in Brazil. Following graduation from medical school Maria had an ophthalmology practice in Brazil for several years before coming to the United States. Dr. Spizzirri’s hobbies include traveling, photography, exercising, diving, cooking and spending time with family and friends. Maria is fluent in Spanish, Portuguese and Italian.

Dr. Frank Truong is a graduate of St. George’s University and holds a bachelor degree in Business Administration from the University of Southern California. Born and raised in Frankfurt am Main/Germany, he served in the German Army as a corporal where he witnessed the sudden cardiac death of a fellow soldier due to cardiac arrest. This tragic experience has motivated him to pursue a medical career in primary care which emphasizes health screening and maintenance. He is fluent in German and eager to learn Spanish. He enjoys soccer, swimming, working out, spending time with family and friends, and is a faithful USC Trojans football fan.

Dr. Carlos Yoo received his medical degree from Korea University College of medicine, Seoul, South Korea. He was born and raised in Santiago del Estero, a small province in northern Argentina. After graduation in 2008, he moved to United States to pursue a medical career. Dr. Yoo was selected as a UCLA Family Medicine International Medical Graduate program scholar with advanced standing in 2009. Dr. Yoo is trilingual (English, Spanish and Korean) and tricultural. He has served as an associate instructor for the Medical Spanish Selective Course at the David Geffen School of Medicine at UCLA. He enjoys soccer, basketball, golf, taekwondo, bowling and learning new languages.

Family Medicine Research Expo

UCSF Fresno 2010 Research Expo

The UCSF Fresno Family & Community Medicine 2010 Expo took place on Thursday afternoon, May 20, 2010 at UCSF Fresno Center. Many great posters and trifolds were displayed and discussed by Residents and Faculty. One outstanding poster was named the winner of the Davin Young Clarke Scholarly Activity Award...that belonged to Dr. Tewodros Kidane! Here is the title for the winning poster:

“Is there differential survival by race or sex in HIV-related cryptococcal meningitis?”

Tewodros Kidane, MD, Roger Mortimer, MD, Simon Paul, MD, & Susan Hughes, MS
3rd Annual International Hospice and Palliative Care in Developing Countries Conference
September 22-25, 2010
UCSF Fresno Center, Fresno CA
Contact Nancy Hinds at nancy@hindshospice.org for registration information

Family Medicine Resident’s Retreat
September 25 and 26, 2010
Oakhurst, CA

Pacific AIDS Education and Training Center
Faculty Development Conference
September 26-29, 2010
Asilomar, CA
for information, go to: http://www.paetc.org

STFM 2011 Annual Spring Conference
April 27-May 1, 2011
New Orleans, LA
Call for Abstracts: www.stfm.org