Greetings from UCSF Fresno Family Medicine!

Welcome to the summer edition of the scope. Our Program Director, Dr. Ivan Gomez, is away as I write these thoughts.

The year has seen some big changes and advancements in our program. We have gained faculty and fellows, lost some faculty and friends, and we have progressed always as a program.

Dr. Jimmy Simmons and Dr. Tegest Hallu started their HPM fellowship year in July. Dr. Simmons was a resident in Internal Medicine last year and Dr. Hallu is a graduate from our Family Medicine program and has been working in Fresno and providing faculty support in our clinics for the last 17 years. She is universally loved and travels to Ethiopia yearly to provide hospice and medical care to HIV infected patients in that country.

Our nascent fellowship in Maternal-Child Care graduated its first fellow this month. Dr. Christina Chavez-Johnson completed her fellowship in the last week of July and will move to Oakland to provide comprehensive maternal, child and family care in a federally qualified health center. We have just matriculated our second MCC fellow, Dr. Mary McLain, and we have a lot of interest from within and external to our program for positions in this fellowship in the future.

On June 1, Selma Hospital closed its obstetrics ward, and all of our rural deliveries were moved to Adventist Medical Center Reedley. Adventist Medical Center Selma will eventually install an ICU, allowing the hospital to manage more challenging patients. We have moved our in-house resident and intern to the obstetric service in Reedley and our continuity med-peds patients in Selma are managed by a senior resident on a new rural FM rotation with home call.

This year also brought changes in faculty. Dr. Mario Martinez and Dr. Shruti Joseph are starting with us as full time faculty this summer. In May, our Selma Pathway Director, Dr. Thomas Lauck, left us with the plan to buy a boat and sail around the world, and is now in the Bahamas with family. Dr. George Neves has taken over as director in Selma. Dr. Jennifer Burnett, who has been providing comprehensive care including C-sections and providing transgender care to patients in Central California, has stopped doing inpatient obstetrics and will be moving to the Seattle area this fall. Dr. Burnett will be missed.

This last month saw the sad passing of Betsy Blossom, who had been on our behavioral health faculty in the late 70’s and the mid 90’s. Betsy was married to our past Program Chief and former Dean of UCSF Fresno, Dr. John Blossom. As a pair, Betsy and John feel like our founding couple and it grieves our family medicine clan to lose someone so close.

This month saw the start of two new programs. In early July, we started grant funded programs to provide primary care access and health education to women and children at our local women’s shelter, the Marjaree Mason Center. We also began a program to provide family planning care at Family Planning Associates. Both programs will be directed by Dr. Farhat Khan.

I am extremely proud of the growth of our program, the strength of our faculty, and the enthusiasm and promise of our residents and fellows. I look forward to the coming academic year with joy and anticipation. Join us in learning, serving and growing.
**UCSF Fresno Family Medicine welcomes two new faculty physicians!**

**Mario Martinez, MD** received his medical degree from the University of Illinois, College of Medicine. Throughout medical school Dr. Martinez was involved in numerous volunteer activities, including HEARTS (Health Education and Awareness Resource Teams), an organization he cofounded to promote interest in working with the Latino population. Members were encouraged to learn Spanish, interpret for patients and speak to patients in Spanish. In 2010 Dr. Martinez was awarded with the National Jefferson Award for Public Service in Washington, D.C. He recently completed residency training at UCSF Fresno and was Chief Resident in his final year. The possibility of having a wide variety of experiences made Family Medicine an easy choice for Dr. Martinez. In addition to salsa and hip-hop dancing, running, basketball, weight-lifting and traveling, Dr. Martinez enjoys talking to high school and elementary school students about college and a career in medicine.

**Shruti Joseph, MD** completed residency training at UCSF Fresno in 2014. Dr. Joseph chose to specialize in family medicine as a result of her interest in treating the whole family. Her awareness of the impact preventive medicine can have also influenced her decision. She believes patient education, particularly information about uncontrolled blood pressure, chronic diseases, nutrition, obesity and the importance of exercise, is vitally important and should be readily provided. Dr. Joseph received her medical degree from Ross University School of Medicine. Her hobbies and interests include camping, traveling, cooking, as well as Tae Kwon Do where she holds a first degree black belt.

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**UCSF Fresno Family Medicine Research Rocks!**

This past academic year was unprecedented! From April to June 2014 our department was represented at 8 different regional and national venues with 19 research presentations. Faculty, fellows and all three resident program years had someone presenting research somewhere. Check out Focus: A Publication of Scholarly Activity, the section of The Scope to see abstracts and posters of this work.

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**New Family Medicine baby...welcome Melody!**

Join us in welcoming our newest member of the FAMILY MEDICINE family...

Melody Celine Silva! Born on June 18th at 7:13am, she weighed 6 lbs. & was 19.5 inches long.

This is Mary’s 1st Great-Grand Baby and is her 4th with husband Fred.

Congratulations to Mary and Fred Fraijo on the birth of their beautiful great-grand-baby girl, Melody!
2014 Family Medicine Intern Welcome Party

On July 19th we had our Intern welcome party at Dr. Moir’s home. Everyone enjoyed the delicious tamales from Casa de Tamales and margaritas and micheladas. Ice cream and watermelon cake were served for dessert. Thank you Dr. Kolahi for the delicious watermelon cake. It was a hit! Yet another great Family Medicine event. Welcome aboard Class of 2017

2014 AAFP National Conference

Our team of delegates in action promoting UCSF Fresno Family Medicine at AAFP National Conference in Kansas City, MO.
New Family and Community Medicine Fellows for 2014

Spotlight on Fellows

**Mary McLain, MD**
Maternal/Child Health Fellow

Mary McLain, MD received her medical degree from George Washington University School of Medicine. Dr. McLain completed her residency training in family medicine at UCSF Fresno. She has a genuine passion for full scope family medicine and enjoys the challenges and rewards of a more rural population. Dr. McLain desires to incorporate and facilitate more behavioral health into the entire experience of family medicine as she believes healthy relationships are the key to healing. She also loves the outdoors and has participated in search and rescue. In times of leisure, Dr. McLain truly enjoys spending time with her husband Tim and her dog Lucy, participating in any outdoor activity, mentoring women, as well as reading.

**Tegest Hailu, MD**
Hospice and Palliative Medicine Fellow

Tegest Hailu, MD joined the faculty at UCSF Fresno after completing residency training in family medicine in 1997. In 2005 she left to open a full spectrum family practice including comprehensive HIV care. She has stepped back from that to complete this one-year fellowship in Hospice and Palliative Medicine. She received her MD degree from State University of Buffalo School of Medicine. Dr. Hailu founded and is the president of the International Society for Better Health Access, a non-profit organization that provides HIV/AIDS services in Ethiopia. She is also involved in poverty medicine, volunteering at homeless shelters and health fairs. Dr. Hailu enjoys traveling, cooking and reading.

**James Simmons, DO**
Hospice and Palliative Medicine Fellow

James Simmons, DO is a graduate of A.T. Still University School of Osteopathic Medicine. He completed residency training in Internal Medicine in 2014. He is described as a compassionate, skilled clinician who is easy to work with and makes teaching fun. Dr. Simmons describes his interest in palliative medicine in terms of the inherent reward found in helping people to have a peaceful, painless and dignified end of life experience. “At the end of the day, palliative medicine is not about pain and suffering but about facilitating quality of life, comfort, and union to patients and families at the end of life…” To me, nothing can be more satisfying,” Dr. Simmons interests include tennis, biking, the beach and spending time with his dog Oreo.
Where are they now? New pathways for our 2014 graduates...

Residents:

Oscar Hernandez, MD: Valley Health Team Inc., Clovis, CA
Shruti Joseph, MD: UCSF Fresno Family Medicine (see new faculty)
Mario Martinez, MD: UCSF Fresno Family Medicine (see new faculty)
Logan McGhan, MD: Anderson Valley Health Center, Boonville, CA
Mary McLain, MD: UCSF Fresno FCM – PGY 4, Maternal Child Health Fellow
Michael Moua, MD: Sacramento Community Clinics, Sacramento, CA
Michael Moya, MD: Community Hospital Med Group – Hospitality, Clovis, CA
Subathra Murugaiah, MD: La Clinica, Vallejo, CA
Christopher Nerantzinis, MD: Scripps Health Center, San Diego, CA
Muhammad Riaz, MD: Sleep Medicine Fellowship in Ann Arbor, Michigan
Melinda Trevino, MD: Kaiser Permanente, Fresno, CA

Fellows:

Maternal Child Health Fellow
Christina Chavez-Johnson, MD: Clinica De La Raza, Oakland, CA
(Ob deliveries at Alta Bates Hospital)
Hospice and Palliative Care Fellow
Kathy Edalat-Parsi, DO: Kaiser Permanente, Fresno, CA
HIV Fellow
Sam Wijesinghe, MS, MPAS, PA-C: Adventist Community Care, Sanger, CA

Congrats and best wishes to our recent graduates in their new jobs! May they go forth and promote healthy living.

Message from the Chiefs

First off let’s start by welcoming the new class of 2017! Also let’s welcome back Erica Delsman from her elective at the Yosemite Medical Clinic in Yosemite National Park. After that experience I am sure there isn’t a laceration she can’t repair or bone she can’t set. We’ve missed you! We are looking forward to our annual recruitment fair at the AAFP national conference in Kansas City, the CAFP Summit in Los Angeles, our tailgate BBQ at Fresno State, and of course the RETREAT!

This academic year has brought new and exciting changes to the residency program. Our obstetric service is now in Reedley, resulting in a rotation solely dedicated to obstetric and newborn care. The program is in the midst of implementing a full scope reproductive healthcare curriculum. Things are looking bright for our program and we expect the coming year to be one to remember.

Sincerely,

—Mario Espindola, MD and Anjani Kolahi, MD
• Resident Retreat, October 17-19, 2014; Bass Lake

• Recruitment for 2015-16 Kick off, October 23, 2014

• In-Service Training Exam, October 27-31, 2014

• Bulldog Tailgate Party & Football Game, November 8, 2014; Fresno State

• Family Medicine EXPO, December 11, 2014, UCSF Fresno Room 136

• Graduating Class of 2015 Group Photo, December 11, 2014, UCSF Fresno Amphitheater

• Holiday Party, December 13, 2014, Fig Garden Swim and Racquet Club