Greetings from UCSF Fresno Family Medicine!

What an incredible last few months! There was a tremendous showing by UCSF Fresno at the Society of Teachers of Family Medicine Conference in San Antonio, Texas in May this year, with six posters accepted for presentation. Congratulations to residents Muhammad Riaz, Anjani Kolahi, Liana Milanes, as well as our Maternal-Child Health fellow Christina Chavez-Johnson and our Hospice and Palliative Care fellow Katayoun Edalat-Parsi, for presenting some great work! As if one national conference wasn’t enough, Sampath Wijesinghe presented his work at and was recognized at the ACHIV Conference in Denver, CO as best resident/fellow poster presentation! Chris Nerantzinis, Subathra Murugaiah, and Michael Moua round out an ever-increasing list of scholars in our program sharing some great work at regional and national conferences.

Our Third-Year residents took the ABFM Certification Examination last month, and with this big hurdle behind them, we’re on the home stretch of the academic year and are looking forward to Graduation. Be sure to join us for the Family Medicine Graduation at Pardini’s on June 13th. We’d love to see you there!

Our dedication to meet the health care needs of the community remains firm. We plan to continue our dedicated third year resident curriculum focusing on advocacy and leadership development, which concentrates on preparing residents to assume leadership roles and advocate on behalf of patients on the health care issues of our community. In addition, UCSF Fresno Family Medicine was recognized for its great work in continuing to train graduates to meet the health care needs of California and the Central Valley by OSHPD, with grants awarded through the Song Brown commission for residency education and support for work aimed at meeting the exceptional needs of domestic abuse victims.

Another successful recruitment season is behind us! Results are in! Twelve new residents, the next generation of Family Medicine Physicians at UCSF Fresno have been selected! 100% Match this year. Be sure to check this issue of the SCOPE for further info on the program’s newest Valley Family Docs.

We are on FaceBook! Check it out online. UCSF Fresno Family & Community Medicine

We are making a concerted effort to develop an active alumni group that can meet at national meetings, stay in touch with us and each other to keep involved in program events and help us better prepare residents for the real world of family medicine. Any suggestions? Let us know!

Please e-mail Lois Ceja at lceja@fresno.ucsf.edu to update your contact information and if you know the addresses of any other alumni please let us know so we can contact them as well.

Program Director’s Corner:
Ivan Gomez, MD

Greetings from UCSF Fresno Family Medicine!

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The Scope is published by the UCSF Fresno Family and Community Medicine Residency Department. Any inquiries or comments about content should be directed to Vanessa Gonzalez at vgonzalez@fresno.ucsf.edu

University of California San Francisco
School of Medicine
Fresno Medical Education Program
UCSF Fresno FCM win the 2014 UCSF Cooke Award

At the Haile T. Debas Academy of Medical Educators Education Day held at UCSF April 21, 2014 Ivan Gomez, Alex Sherriffs, Susan Hughes & Rebeca Lopez received the Cooke Award for the Scholarship of Teaching and Learning based on their submission “Innovative Faculty Development Using Objective Structured Teaching Exercises (OSTE).” This award was established in 2007 to recognize outstanding scholarly works presented at the Education Symposium. All submissions to the Education Symposium are eligible. Top-scoring projects are chosen following a blinded peer review of all abstract submissions. All award winners received a certificate and Dr. Gomez also got an honorarium.

Congratulations Dr. Edalat-Parsi!

Congratulations to our Hospice & Palliative Medicine Fellow, Katayoun Edalat-Parsi! She was interviewed by a reporter from MedPage Today at the Society of Teachers of Family Medicine on May 5, 2014 about her research findings. Her project investigated the impact on residents and family members after implementing a standardized approach to family meetings in the intensive care unit. Check out the article at: http://www.medpagetoday.com/CriticalCare/GeneralCriticalCare/45616

Dr. Sam Wijesinghe wins 1st place at HIV conference

On May 10, 2014 during the 8th American Conference for the Treatment of HIV (ACTHIV), Sam Wijesinghe PA-C, HIV fellow and his team won first place for their research poster presenting results on why HIV patients miss appointments. The conference was held in Denver, CO with more than 300 clinicians and administrators. The ACTHIV planning committee developed a state-of-art program and engaged distinguished faculty who addressed the most critical issues faced every day by front-line HIV clinicians/ administrators. A special training program was offered for Family Medicine Residents, Fellows (ID & HIV), NPs, and PAs in training. The poster was chosen from this program to win first place.
Welcome our new Research Associate & Grants Manager, Iris Price!

Iris Price is a recent MA, Psychology graduate from Fresno State and Smittcamp Family Honors College Scholar. She was previously employed as an Emergency Department Scribe at Saint Agnes and Graduate Writing Consultant at Fresno State. Her research interests include health care reform and increased access to medical services. She has lived in the San Joaquin Valley most of her life and enjoys reading, writing, karaoke, tennis, hiking/camping. She has a cat, Tuxie and dog, Cody.

It's a Family Medicine Baby Boom!!!

Join us in welcoming our newest members of FAMILY MEDICINE!

Marcelino Julian Martinez, born March 9th, 6lbs 4oz and 18.5 inches long. Mom, dad and big sister are elated with the newest little addition to the Martinez family!!! Congratulations to Mario & Adriana Martinez on the birth of their son, Marcelino!

Anthony Ronald Johnson, born on March 30th, he weighed 6lbs 12oz and 22 inches long. Congratulations to proud parents, Innovat Ian Johnson & Christina Chavez-Johnson!

Rithya Natesan Natarajan, born on April 14th, 7lbs 9oz. Big sister, Akshitha is super excited and has been a great helper. Congratulations to Suba Murugaiah & Natarajan Vijay!

Fatima Riaz, born on April 14th, 6lbs 14oz and 20 inches long. Big sister Hafsa is delighted with her new baby sister! Congratulations to proud parents, Muhammad Riaz & Aisha Anwar!

Josiah T. Moua, born on May 7th, 7lbs. 14oz and 20.5 inches long. Congratulations to Michael Moua & Kate Lor!
Hello,
I have arrived at an exciting point in my life. I have dreamed of sailing around the world for many years and a variety of circumstances have intersected to make it possible. The real estate market has recovered enough to allow me to sell my home for a reasonable price giving me the resources to fund my expedition. The transition of OB from Selma to Reedley created challenges to my desired scope of practice, although this in itself is fairly minor compared to the overall awesomeness of the job that I have. I enjoy working with my colleagues and caring for my patients. Sharing my knowledge with residents and mentoring them to be the kind of physician I envision we ought to be is very gratifying. Teaching is something that I absolutely adore.

I will continue working until the middle of May and expect to be living on a boat in June and set sail soon after. I expect stops in Hawaii, Pacific islands, New Zealand and Australia. Fortunately, being a family doctor makes me quite marketable so I expect to be working 6 month stints here and there.

Me and my family are excited and a little scared. The vastness of the major changes that are occurring in our lives like giving up jobs, stability, school, pets, and a home is no small matter. But the world is vast and beautiful; full of interesting people, places and experiences. I need to go check it out. We will be doing some sort of social media thing, probably Facebook. That way you can share in our adventures.

My Fresno/Selma experience has been a highlight in my life. I appreciate the camaraderie and friendship I have found here. I will definitely miss you.

Thomas : )

Goodbye Dr. Lauck!
Gone Sailing... by Thomas Lauck

Family Medicine Farewell Party for Dr. Lauck

On May 3rd Family Medicine staff, residents, faculty and Selma medical staff joined Dr. Lauck and his family for the celebration of Dr. Lauck’s Farewell Party before they start their new adventure on the sea. The party was held at Drs. Tevendale and Escoto’s house. The weather was great, not to mention the food, bounce house, pony rides for the kids and decorations of the high seas. Everyone had a great time and shared great memories of Dr. Lauck. We wish him and his family the best!
Message from the new 2014-2015 Chiefs

Greetings!

Thank you again for selecting us to represent UCSF Fresno Family and Community Medicine as the chiefs for 2014-2015.

We are amped up from our recent leadership training and excited to bring a strong vision of achieving academic excellence, dedication in community service, and record high morale for the upcoming year. All of this in the midst of change as we see our OB services move from Selma to Reedley’s Adventist Birth Center.

We are incredibly lucky that we are part of a strong body of residents and confident that we will adjust fine to the changes, including the new call responsibilities. We will now have 4 services to cover, creating 47 different call positions each month, and thus creating lots of scheduling challenges. We are intimidated by Amion’s datedness, and we are counting on your collective eyes to make sure that it remains up to date. These changes will be challenging and it will be very important to communicate to us any problems you encounter during this transition. We also want to extend a warm welcome to our CSV colleagues, as they will also be taking call on our FM and Med D services.

With June signaling the end of another academic year, it comes time to say goodbye to our seniors. But we won’t say anything now, otherwise we will have nothing to say at their graduation dinner, but the teaser is that we learned a great deal from each of them and that they will be sorely missed, seriously. To our faculty, thank you for the honor to work alongside you in our newly found position. We hope we can be effective liaisons and do right by the program.

That’s it for our first corner. More exciting updates to come throughout the year.

Yours,
Mario Espindola, MD and Anjani Kolahi, MD

Final message from the 2013-2014 Chiefs

Three years ago, we were in the ED asking every intimate detail about our new admission in hopes to impress our attending and our seniors. We were writing out orders, with a pen, on paper! (ADCVAANDIML) We are now on the other end of the spectrum watching out interns developing their own styles and autonomy. It is amazing how much we developed in the last three years. Our esteemed residency program was one full of challenges and demands that we are now proud to have almost completed. We have been exposed, in one way or another, to all fields of medicine, which is what makes us a unique breed of physicians. We are pioneers in a new era of care within our country. As our training comes to an end, our education continues as we embark in our own practices.

Mike and I are proud to have served as chiefs to this special group of residents. After a long year full of surprises and difficult decision making, we are happy to pass the torch and leave the program in great hands. Mario Espindola and Anjani Kolahi have already displayed great leadership and we are sure they will continue to make this program even stronger. We will always be a phone-call away for support as we have gained a valuable experience in scheduling and conflict management.

This year, our residency program has continued to progress. We had a great review by the ACGME and thank you all for contributing to the success of this unique residency program. We had a record breaking acceptance of posters this year to the Society of Teachers of Family Medicine (STFM) Conference in San Antonio. Congratulations to Anjani Kolahi, Liana Milanes, Muhammad Riaz, Chrissy Chavez-Johnson & Kathy Edalat Parsi for their research projects. Also, congratulations to all the new parents, Dr Riaz, Dr Murugalah, Dr Chavez, Dr Khan, Dr Moua, and Dr Martinez. (continued on page 7)
### Amarjot Bains, MD

Amarjot Bains, MD was born in Jalandhar, India and immigrated to the US as a child. She grew up in the Central San Joaquin Valley near Modesto. Amarjot earned her Bachelor of Arts degree in Biological Sciences and Chemistry from California State University, Stanislaus and attended Medical School at St. George’s University. Amarjot has a special interest in Geriatrics and is fluent in Punjabi, Urdu and Hindi. In her free time she enjoys reading, working out, travel, and learning about different cultures and foods.

### Leslie Chen, DO

Leslie Chen, DO was born and raised in Anaheim, California. She attended UC Berkeley and received her medical degree from Touro University Nevada. Leslie has remained active with volunteer work. During medical school she was the student body government director of wellness. She is fluent in Chinese. Scuba diving, paddleboard-yoga, rocking climbing, cycling, volleyball, and swimming are among some interests enjoyed by Leslie.

### Sheena Edmonds, DO

Sheena Edmonds, DO was born and raised in Visalia, California. She earned a Bachelor’s Degree from California State University, Fresno, graduating Suma Cum Laude in Biology. She received her medical degree from Western University of Health Sciences. As the result of Sheena’s dedicated effort providing service to the underserved during her first year of medical school, Sheena was the recipient of the National Health Service Scholarship. Her leisure interests include bicycling, gardening, and camping.

### Mario Gutierrez, MD

Mario Gutierrez, MD grew up in the San Joaquin Valley in Dos Palos, California. He completed his undergraduate studies at UC Santa Barbara and medical school at Universidad Autonoma de Guadalajara, in Mexico. While in Guadalajara, Mario learned to practice medicine in a country plagued with poverty and a profound lack of resources. He is fluent in Spanish. He has a passion for sports and enjoys playing soccer, basketball, and football in his free time.

### Mohsin Jawed, MD

Mohsin Jawed, MD is from Chico, California. He earned his Bachelor’s degree from UC, Davis and his medical degree from Ross University. After completing his first year of college, he journeyed through Pakistan. This experience had a profound impact on his career goals after encountering people who suffered without even basic health care. Mohsin speaks Hindi and Punjabi. He enjoys the sport of basketball, both watching professional teams and playing the game.

### Navpreet Kaur, MD

Navpreet Kaur, MD was born in Baswaran, India and immigrated at a young age to the Central San Joaquin Valley. She grew up in Manteca, California. Navpreet attended UC, Davis where she obtained her Bachelor of Science degree. As an undergraduate she spent a semester in Oaxaca, Mexico where she worked closely with the underserved. Navpreet received her medical diploma from Ross University. She is looking forward to caring for the underserved people in the Valley. Navpreet speaks Hindi and Punjabi. Her leisure interests include skiing, to remain connected with her family in India, as well as running, hot yoga, and kickboxing.

### Jasmine Lahel, DO

Jasmine Lahel, DO is from Yuba City, California. Jasmine received her undergraduate degree at UC Berkeley and received her medical school diploma from Touro University. While in medical school Jasmine was a member of the Family Practice Club, an organization that actively participates in volunteering at local shelters, serving food to the underserved, and participating in health fairs. Jasmine speaks Punjabi. Her outside interests include cooking/baking, yoga, and biking.
MEET UCSF FRESNO FAMILY MEDICINE CLASS OF 2017

Shuang (Michelle) Lin, MD was born in Yantai, China. She came to the United States as a child. Her family settled in Indiana where she attended Purdue University as an undergraduate, earning a Bachelor of Science in Neuroscience with a minor in Forensic Science. She received her medical degree from Indiana University School of Medicine. Michelle was the recipient of St. Vincent Hospital Volunteer Scholarship. In her free time Michelle enjoys crossfit, hiking, fencing, photography, and spending time with friends.

Jihan Mandilawi, MD is from Southern California. She earned her Bachelor’s degree from Boston College. She has an MPH from Loma Linda University and received her medical degree from Ross University. Jihan realized her passion for medicine while completing an internship with a nonprofit organization in Uganda. Jihan has a special interest in Women’s Health. She has a passion for cooking and baking, especially for family and friends. She also enjoys hiking and jogging.

Danielle Malvini, DO grew up in the Bay area in California. She earned a Bachelor of Science degree from UCLA. She attended Touro University where she earned both a medical degree and a Master’s Degree in Public Health. Danielle has an interest in Geriatrics and hopes to complete a Geriatrics Fellowship after residency. Danielle is a devoted fan of the SF Giants and 49’ers and is an avid runner and also enjoys playing the string bass.

Sarah Nasir, DO was born in Bangladesh. She received her Bachelor of Science degree from UC, Davis and received her medical degree from West Virginia School of Osteopathic Medicine. Sarah has a special interest in Women’s Health and Geriatrics. She received the National Health Service Corps scholarship. Some of Sarah’s leisure interests include cooking, religion, family, languages and culture awareness, reading, and volunteer work. Sarah speaks Bengali, French and Hindi.

Patrick Polach, DO was born in Fresno. He earned a Bachelor of Science degree at UC, Davis and his medical degree from Arizona College of Osteopathic Medicine. Patrick is particularly interested in providing health care in rural underserved communities and embraces the idea of practicing global medicine, contributing to continuity of care in the developing world. He received a Sigma Sigma Phi Osteopathic Society for academic and community service achievement. Patrick’s interests outside of medicine include mountain biking, hiking/backpacking, snowboarding, and most recently indoor rock climbing.

Our rural OB tract will soon move from Selma to Reedley. We hope for a smooth transition and hope that our OB experience grows stronger than it already is. Congratulations to Mary McLain who will follow the footsteps of Dr Chavez-Johnson as our new fellow in Maternal-Child Health. Congratulations to Dr Riaz for his acceptance into his sleep medicine fellowship in Michigan. Congratulations to Dr Kolahi for her Reproductive Health Education in Family Medicine (RHEDI) scholarship. Congratulations to Dr Dhir for her Resident Physician Champion for Breastfeeding CLEC Scholarship Award. We hope that these awards and experiences will directly benefit our residency program by relaying new information and practices to our residents, and thereby better care for our patients.

Again, thank you for the opportunity to serve as your chiefs and we proudly hope to continue to serve the residency program in the future. Thank you residents, staff, and faculty for your support this year.

—Michael Moya, MD and Mario Martinez, MD
THE SCOPE

Quality Improvement Forum June 5, 2014 – UCSF Fresno Room 136, 4:00 p.m. - 6:30 pm

UCSF Fresno Housestaff Graduation June 12, 2014 - William Saroyan Theater, 5:00 pm

FCM Graduation June 13, 2014- Pardinis, 6 p.m. – 11 p.m.

New Interns start June 23, 2014

Resident OSCE July 10, 2014