

COMMUNITY MEDICAL CENTERS,
UNIVERSITY OF CALIFORNIA
SAN FRANCISCO, FRESNO,
AND THE MARCH OF DIMES
PRESENT

**“SHOULDN'T I BE HAPPY?
WHAT EVERYONE NEEDS TO
KNOW ABOUT DEPRESSION AND
ANXIETY DURING PREGNANCY
AND THE EARLY
MOTHERING YEARS”**

March 26, 2008 • 5:15-8:30 pm
UCSF Fresno Center for Medical Education and Research
155 North Fresno Street, Fresno, CA 93701

Parking will be allowed in the UCSF Fresno permit only lot for this lecture. <http://www.fresno.ucsf.edu/about/DrivingDirections.pdf>

Please make checks payable to: Community Medical Centers
Send to: UCSF Fresno Office of Continuing Medical Education
Attn: Suzanne Hissong
155 N. Fresno Street
Fresno, CA 93701-2302
Questions: Call 559-499-6532 or **email** shissong@fresno.ucsf.edu
FAX: 559-499-6521
Every effort will be made to address special needs requests

University of California
San Francisco
UCSF
School of Medicine
Fresno Medical Education Program


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MEDICAL CENTERS


march of dimes

This activity has been planned and implemented in accordance with the Institute for Medical Quality and the California Medical Association's CME Accreditation Standards (IMQ/CMA) through the Joint Sponsorship of CMC and the UCSF Office of Continuing Medical Education. CMC is accredited by IMQ/CMA to provide continuing medical education for physicians.

CMC designates this educational activity for a maximum of 2.5 AMA PRA Category 1 Credit(s)[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity. This credit also may be applied to the CMA Certification in Continuing Medical Education.

Approved by the CA Board of Registered Nursing Provider No. CEP 12012 and CA Board of Behavioral Science Provider No. 3045 for 2.5 hrs of continuing education credit/contact the California Health Collaborative.



Featured Speaker

Shaila Misri, MD, FRCPC

Clinical Professor of Psychiatry & Obstetrics/Gynecology
University of British Columbia, Vancouver, BC

Shaila Misri, MD, FRCPC, is one of the leading reproductive psychiatrists in North America and is internationally recognized as a pioneer in women's mental health and reproductive issues. She is the founder and director of Reproductive Mental Health at both St. Paul's Hospital and BC Women's Hospital & Health Centre in Vancouver, and Clinical Professor of Psychiatry and Obstetrics and Gynecology at the University of British Columbia, Canada.

Depression and Anxiety during Pregnancy & Postpartum is a silent epidemic profoundly affecting one in six women and their families both during pregnancy and the postpartum period.

Lecture Objectives:

- Identify women at risk of developing major depression & anxiety disorders during pregnancy and the postpartum period
- Understand how depression and anxiety disorders affect long-term outcomes in mothers and babies
- To highlight the complexity of treatment and explore treatment options
- To highlight the importance for screening during pregnancy and the postpartum period for depression and anxiety disorders

Intended Audience:

This lecture is open to the public and will be informational to health-care professionals, including physicians, nurses and social workers. In addition, new mothers and women thinking about pregnancy, women who are currently pregnant and mothers who have children and are pregnant again will find this lecture very informative.

Registration: \$20 (Includes 2 ½ Hours of CME Credit and light dinner)
5:15 pm – check-in, registration & meal
6:00-8:30 pm – lecture in UCSF Fresno Auditorium

Register by Friday March 21, 2008

Name: _____

Organization: _____

Address: _____

Email: _____

Phone: _____

License for CEU: _____ Vegetarian dinner: _____